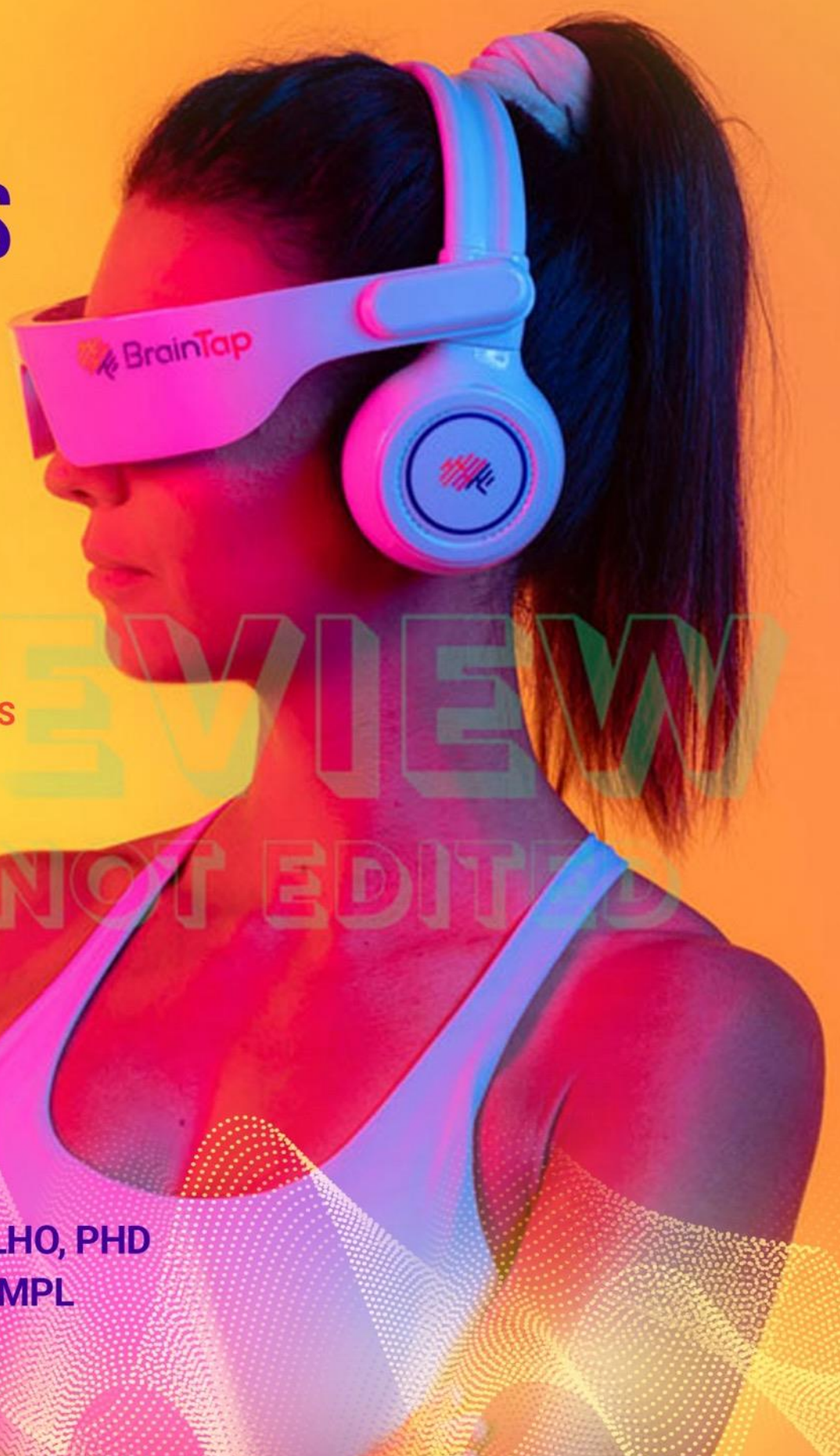




**SUMMARY OF
BRAIN FITNESS
RESEARCH
FEATURING
BRAINTAP
TECHNOLOGY**

PRIMARY RESEARCH OUTCOMES
V 1.0 – JANUARY 2022

PATRICK K. PORTER, PHD
FRANCISCO J. CIDRA L-FILHO, PHD
MICHAEL J. PORTER, B.S. MPL



Masterful Communication Skills with NLP and Brainwave Entrainment



Patrick K. Porter, Ph.D.

A group of people in business attire are huddled together, looking at a smartphone. The image has a color gradient from blue on the left to orange on the right. A BrainTap device is visible on the left side of the image. The text 'Brain Priming' is overlaid in large white font, with 'Morning', 'Afternoon', and 'Evening' listed below it in smaller white font. 'Afternoon' is highlighted in yellow.

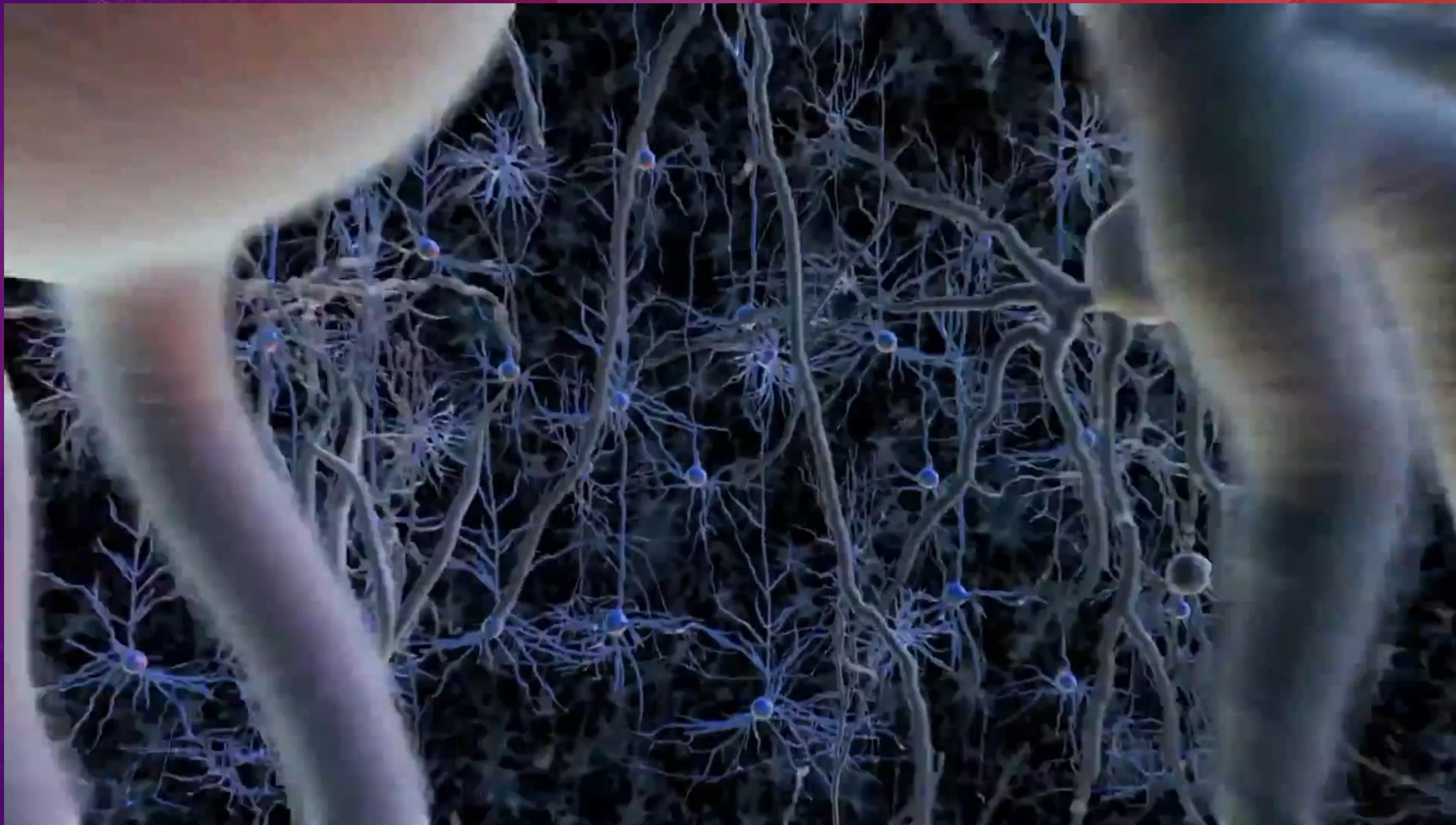
Brain Priming

Morning

Afternoon

Evening

What is Light, Sound and Vibration?



Brain Tune Meditation



 BrainTap.



Human DNA



Junk-DNA as the major source of *ultra-weak light emission*,
also called *biophotons*.



[Michel Kana, Ph.D Medium Writer in his article titled "6th Sense: Are We Communicating Using Invisible Light? Biophotons and DNA." Dec 27, 2018](#)



6:29

LTE



Peak Performance Mindset Series

Series · 18 sessions, 6h 22m 24s



Julia Arndt is the founder of the Peak Performance Method Program, a unique model combining mindfulness, productivity and leadership tools to help you sustain your performance over time and avoid burnout. Join the accompanying program:
www.peakperformancemethod.com



SV - Your Brain and Body's Response to Change

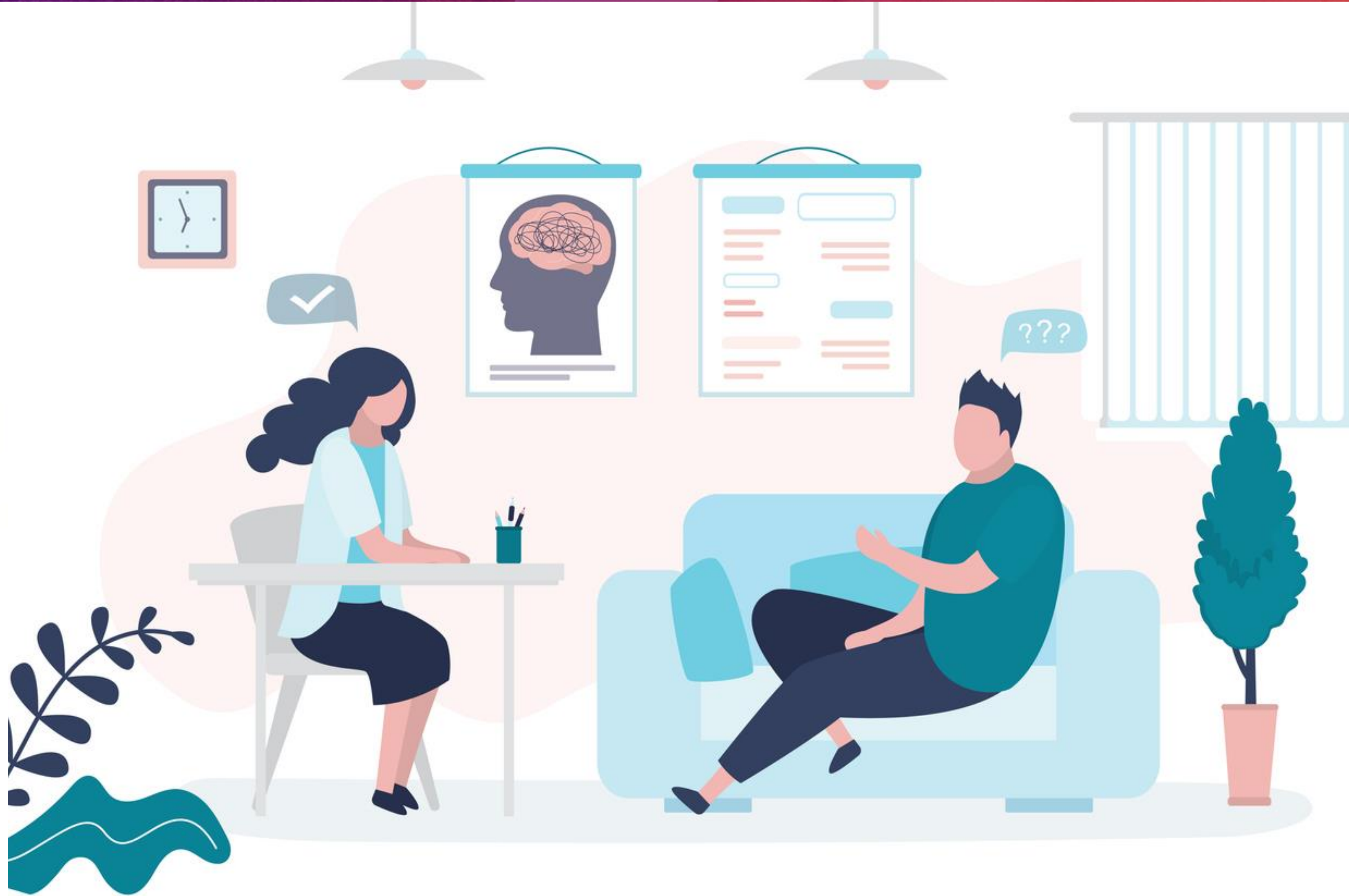
Session · 21m 55s



Based on initial research, applying Peak Performance Method tools in your day-to-day life, results show significant improvements in the following areas:

- ✓ Stress levels decreased by up to 45%
- ✓ Depression reduced by up to 71%
- ✓ Sleep quality improved by up to 48%
- ✓ 26% increase in performance
- ✓ 41% more positive mindset

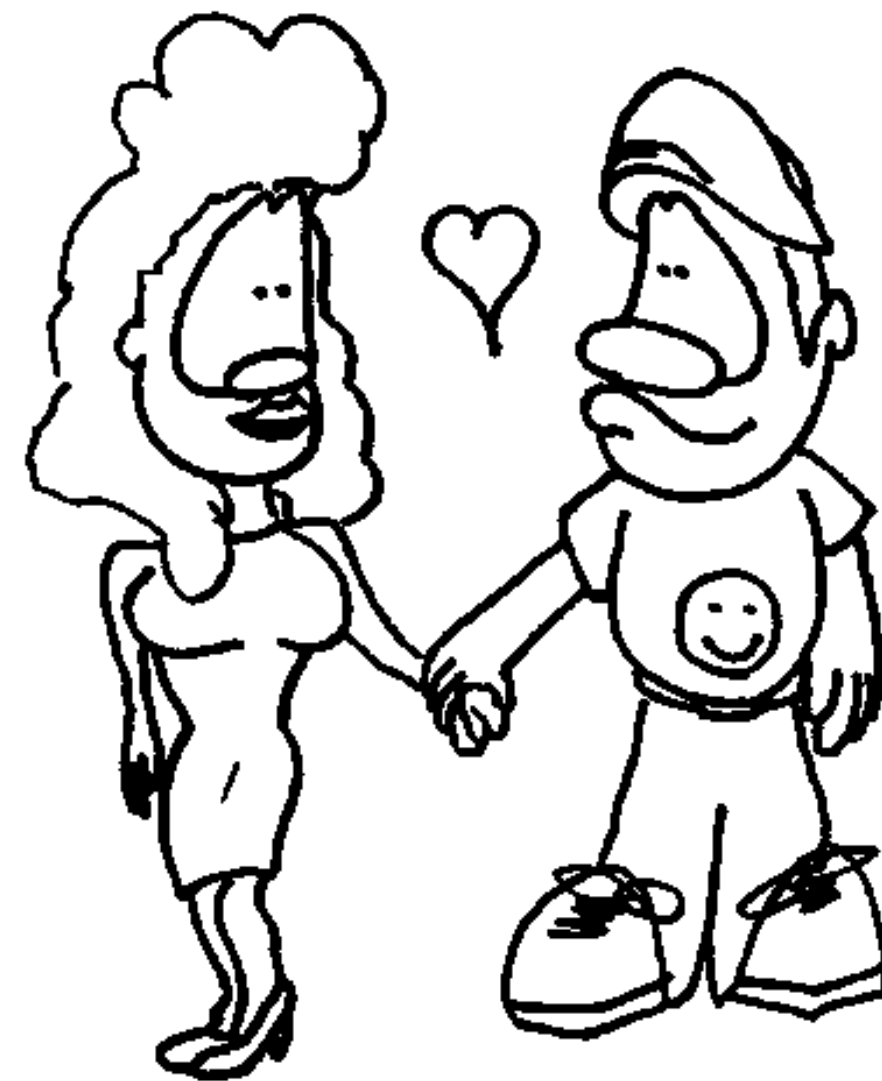
He who angers you conquers you!



Reclaim your energy mediation

Your Physiology effects your Psychology

How to supercharge your Affirmations



Work.

Relationships.

Hobby.

Super Charge your mind set

Laughter Yoga



1. Greeting Laughter
2. Gradient Laughter
3. Cell Phone Laughter
4. Lion Laughter
5. Silent Laughter

Fear into Power Mantra




BrainTap

DNA Activation Meditation

pkp



Names Surveys

Quick Search

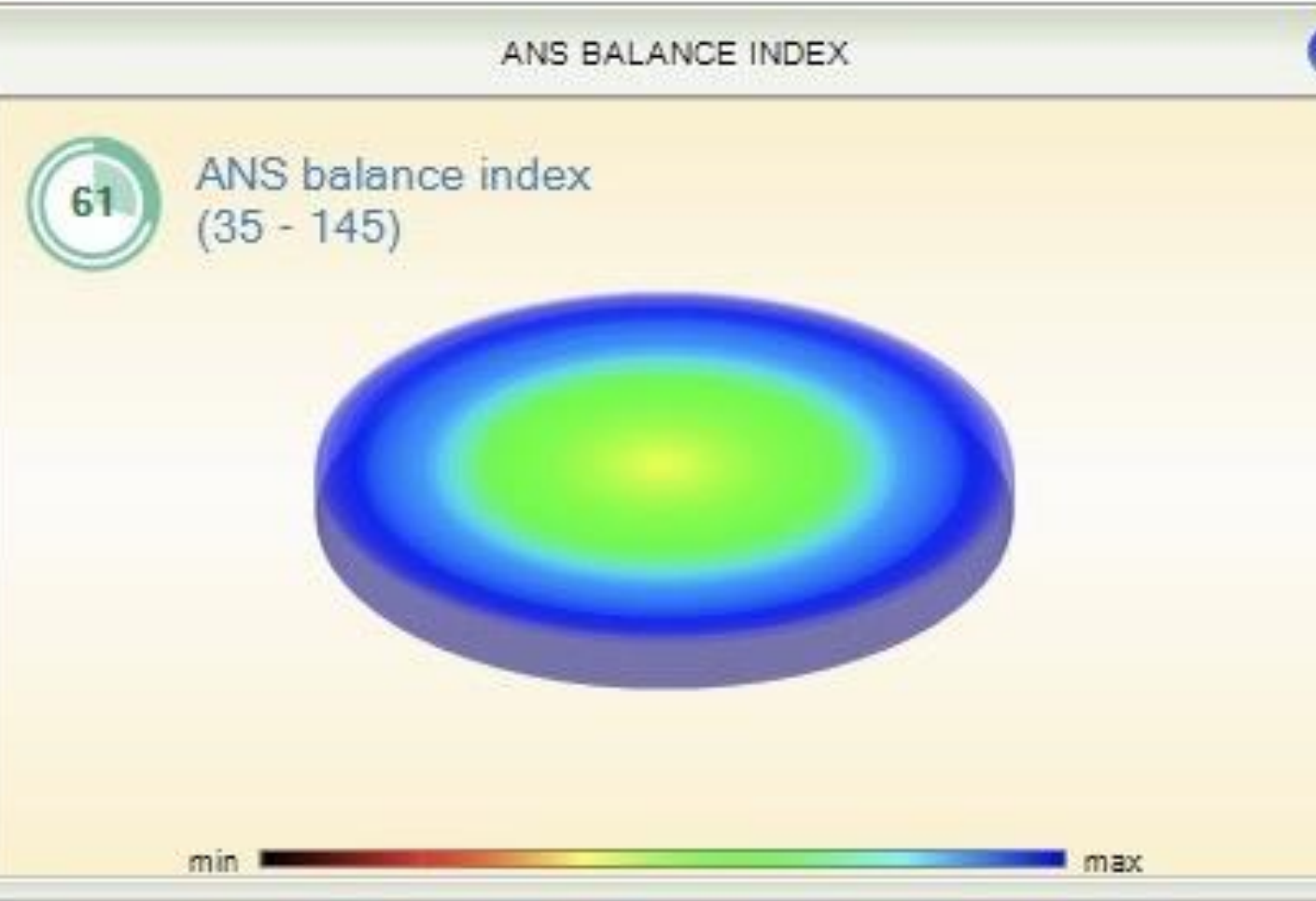
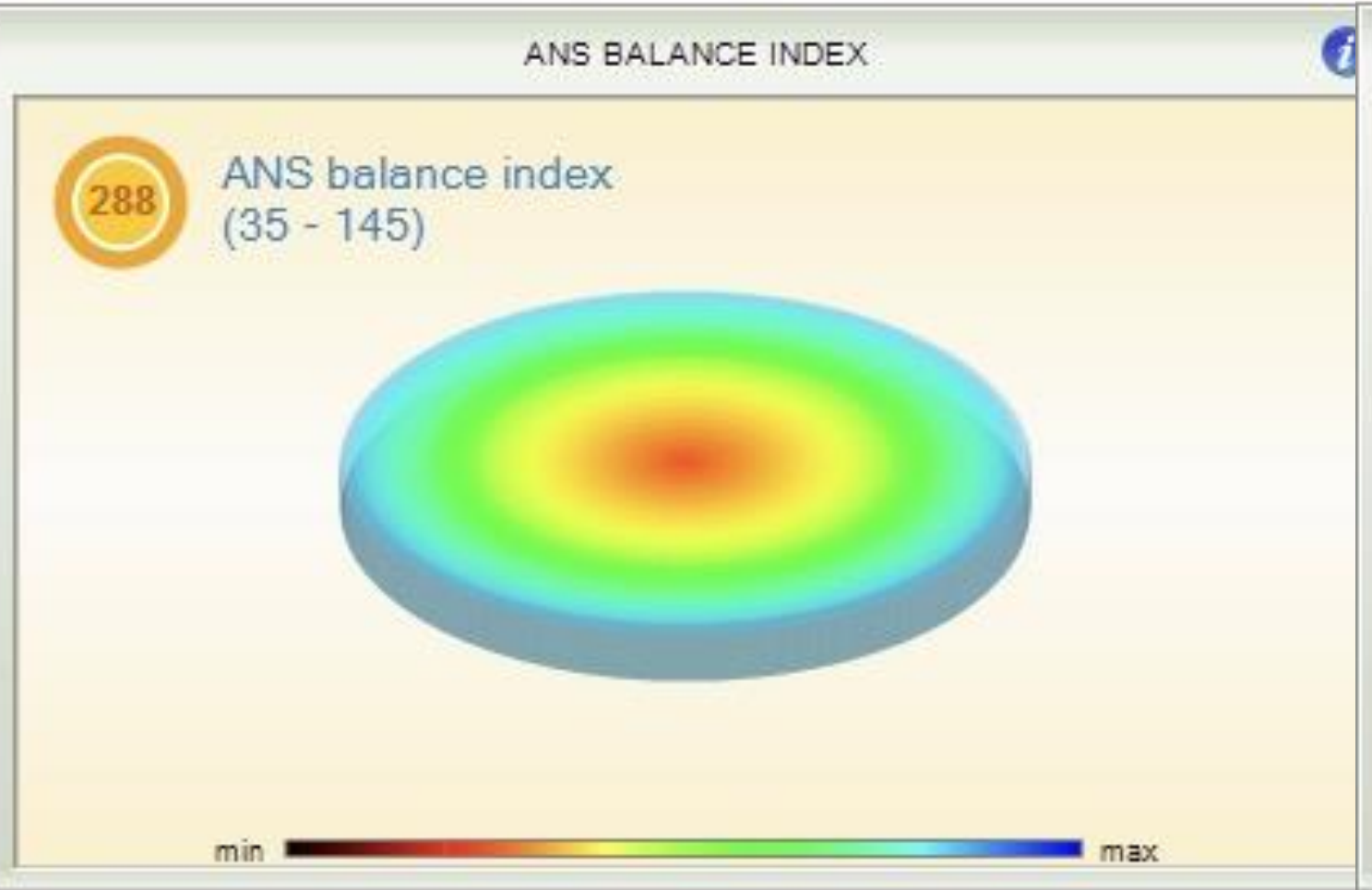
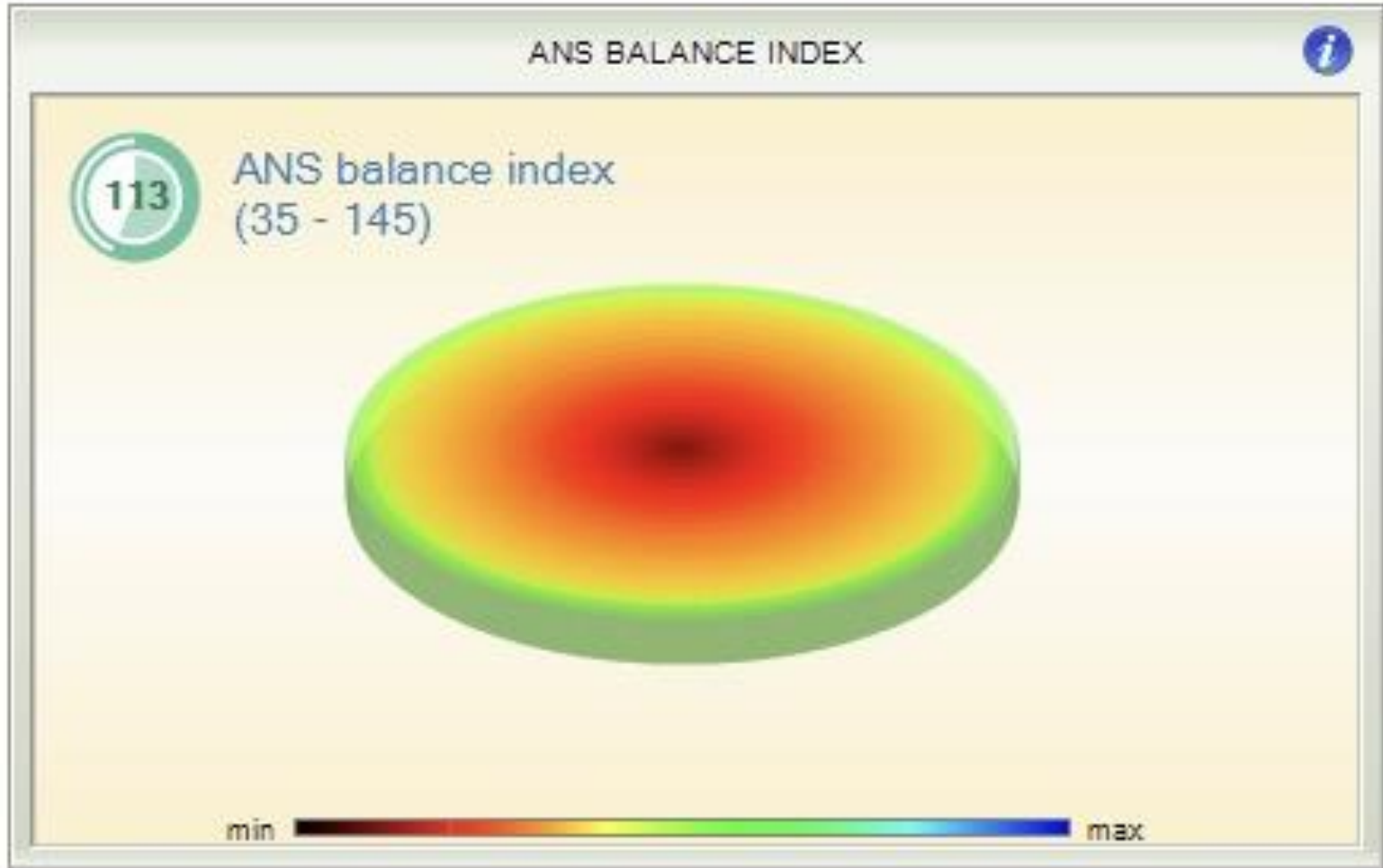
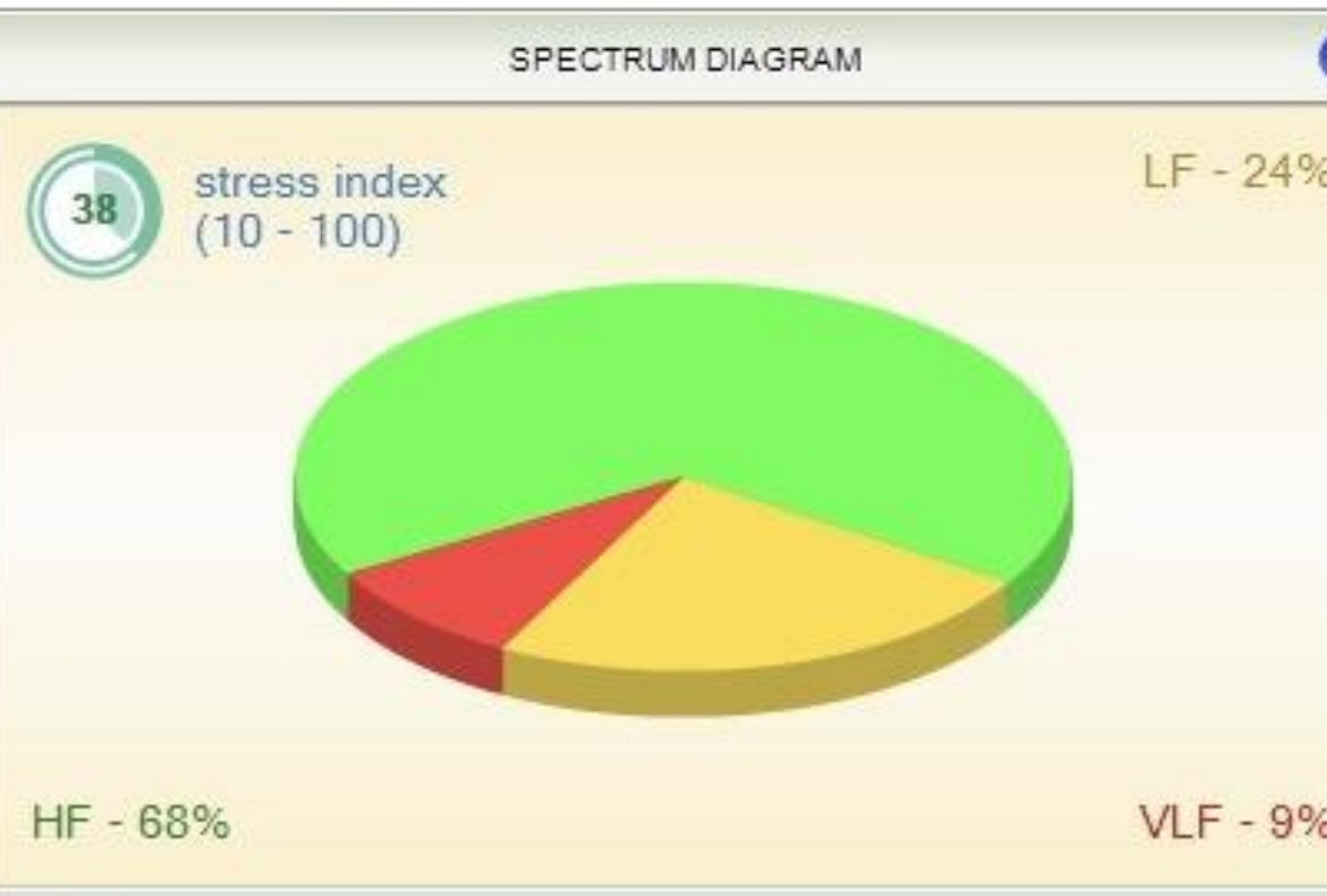
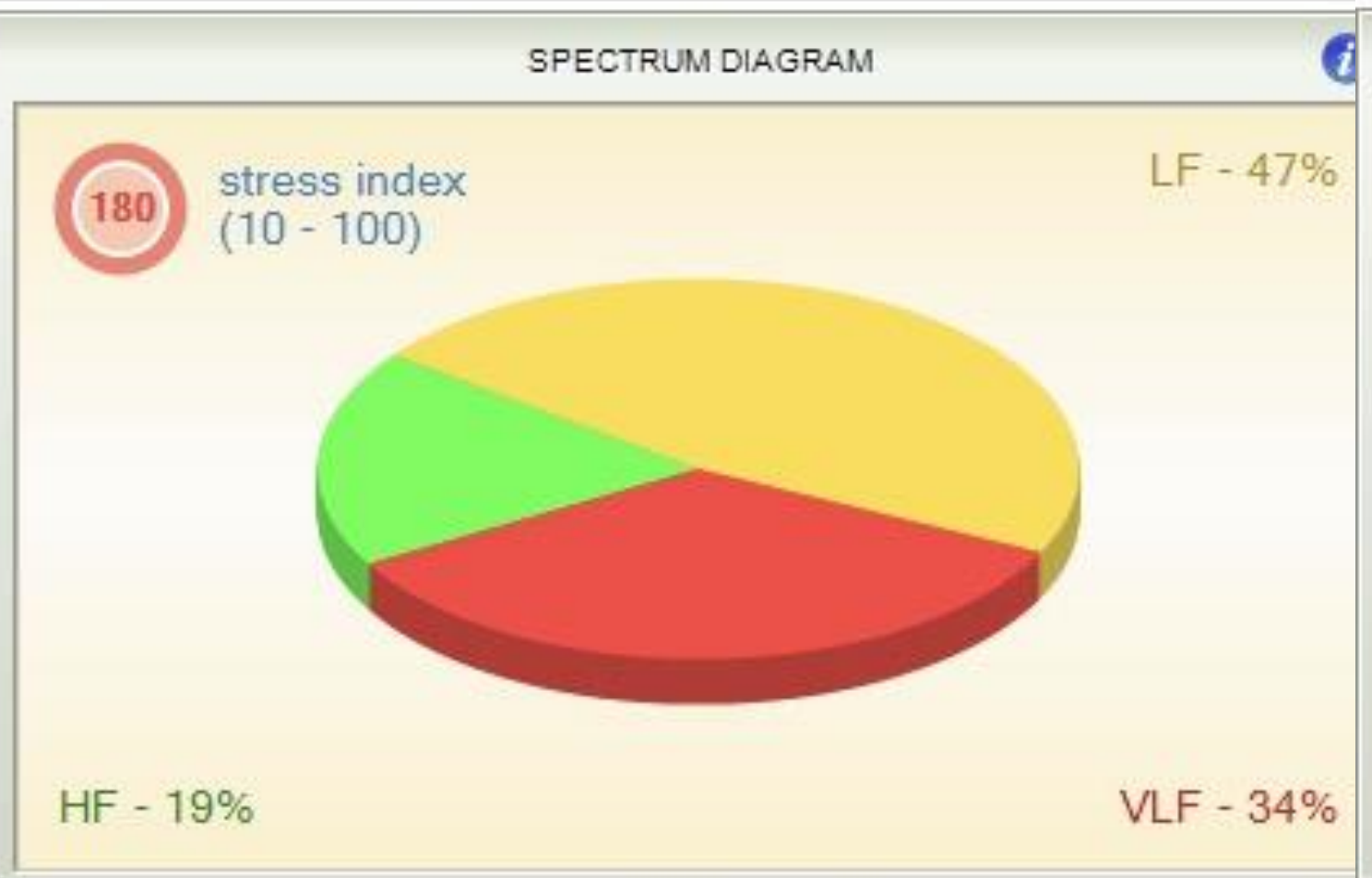
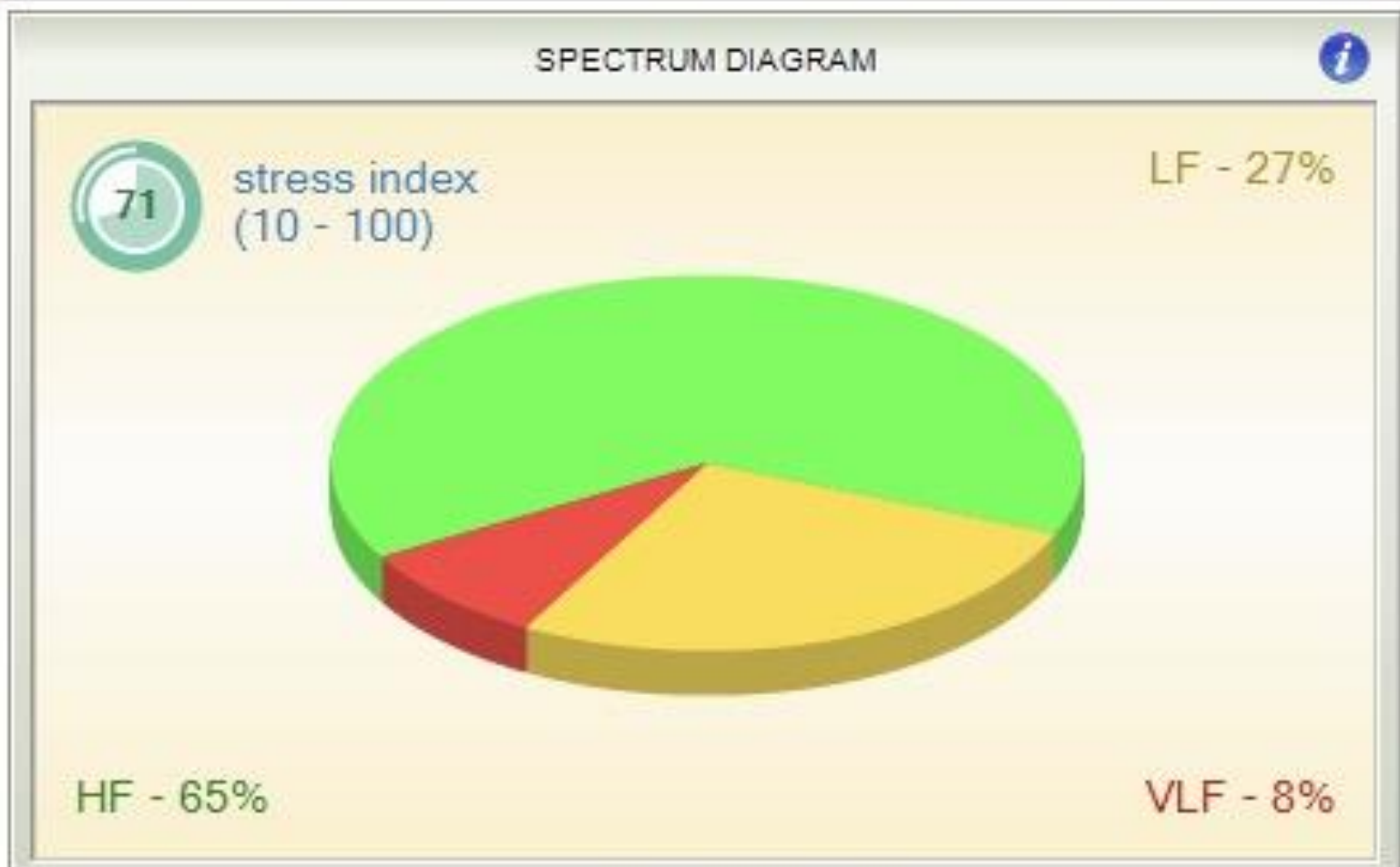
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- Kai ados
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- Karina Ramirez
1 ecg
- Rodney
2 ecg
- Rowena Gates
2 ecg
- Steve Aoki
2 ecg
- Tanya
2 ecg
- Venessa Blair
1 ecg
- _Example
12 ecg
- cjp
3 ecg
- pkp**
14 ecg

Add Delete

AUTONOMIC NERVOUS SYSTEM REGULATION

SYSTEM REGULATION

Wednesday, February 22, 2023 8:48:43 Wednesday, February 22, 2023 9:31:52 P Thursday, February 23, 2023 7:50:10 AM



pkp

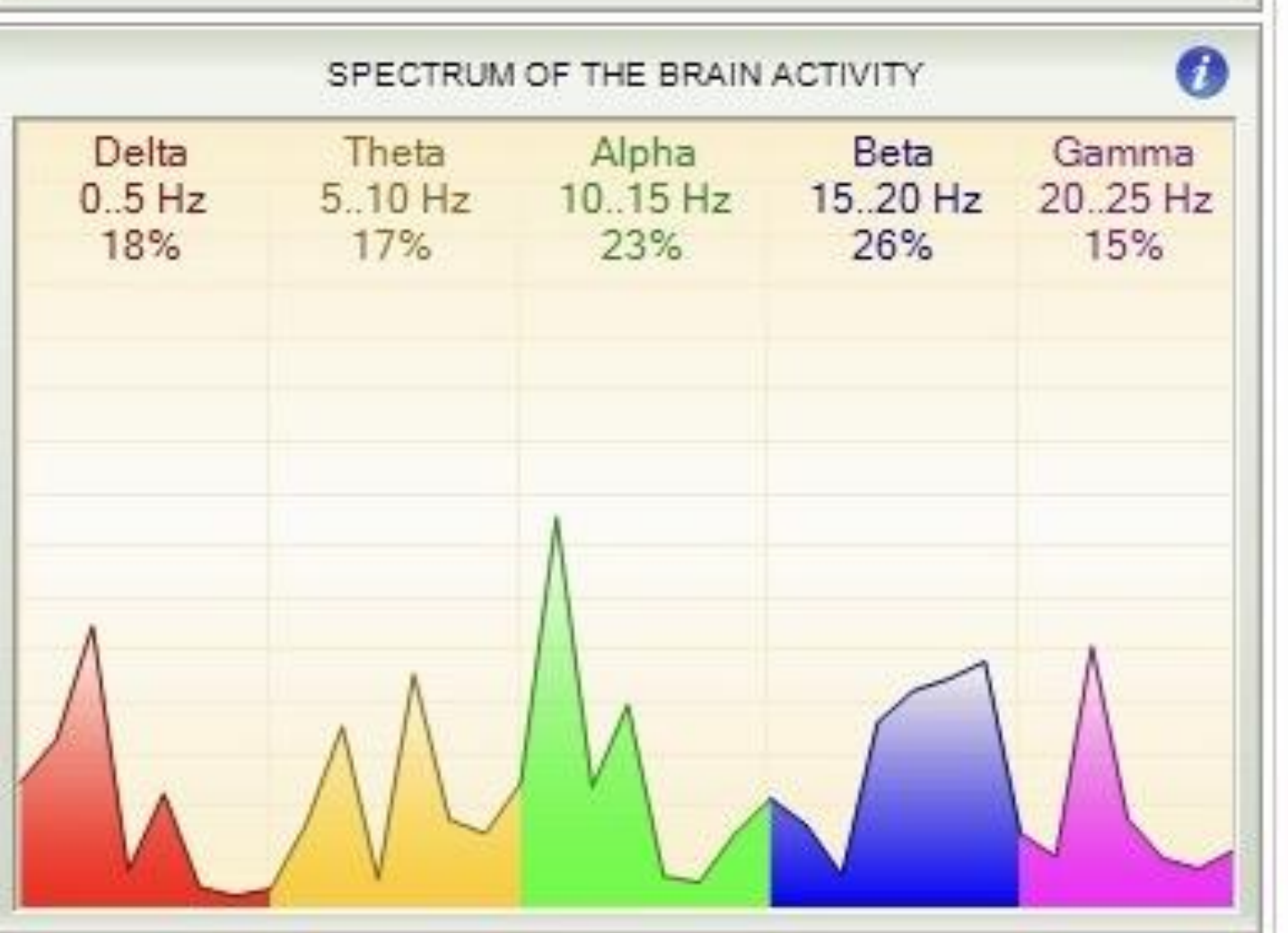
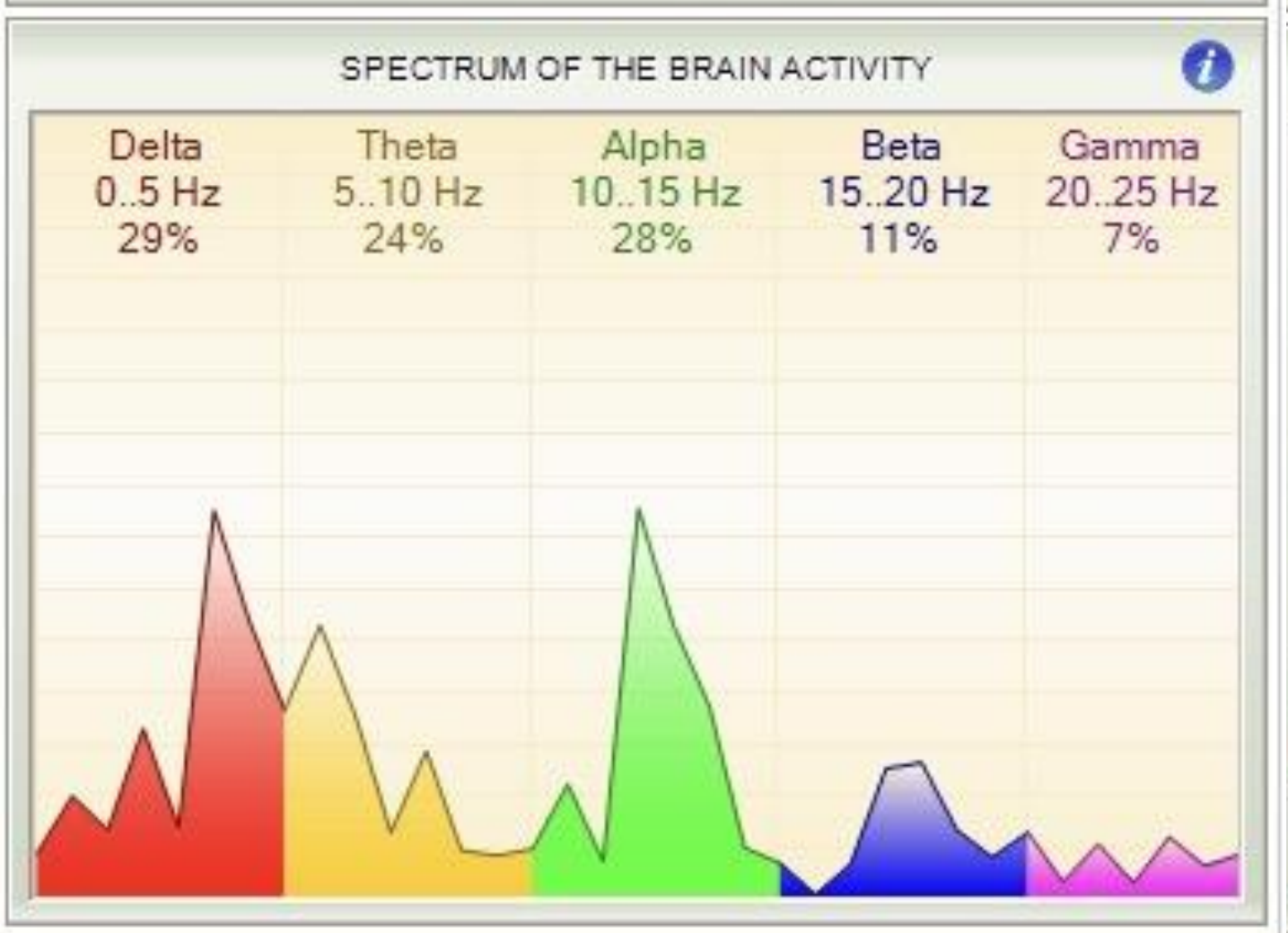
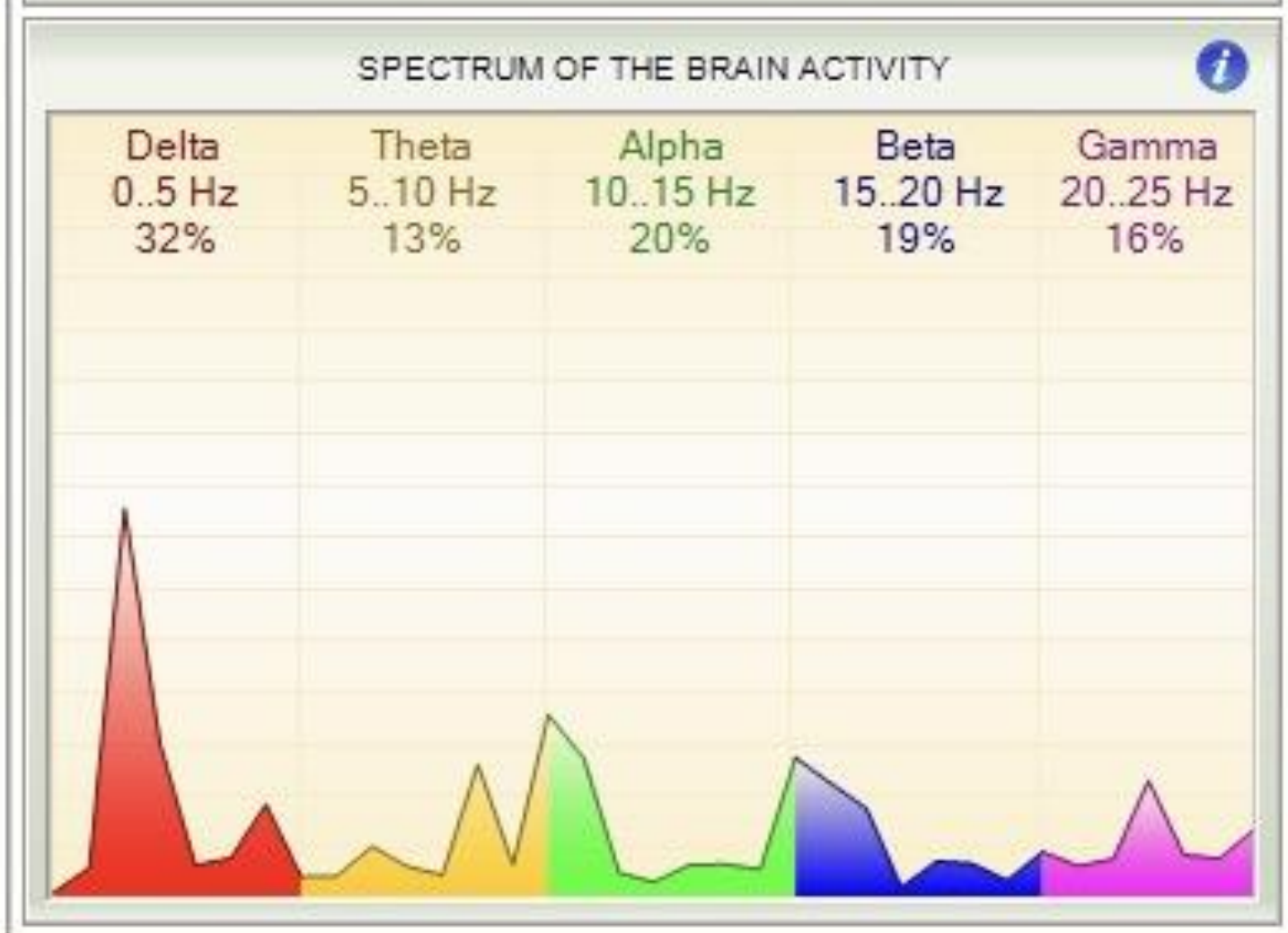
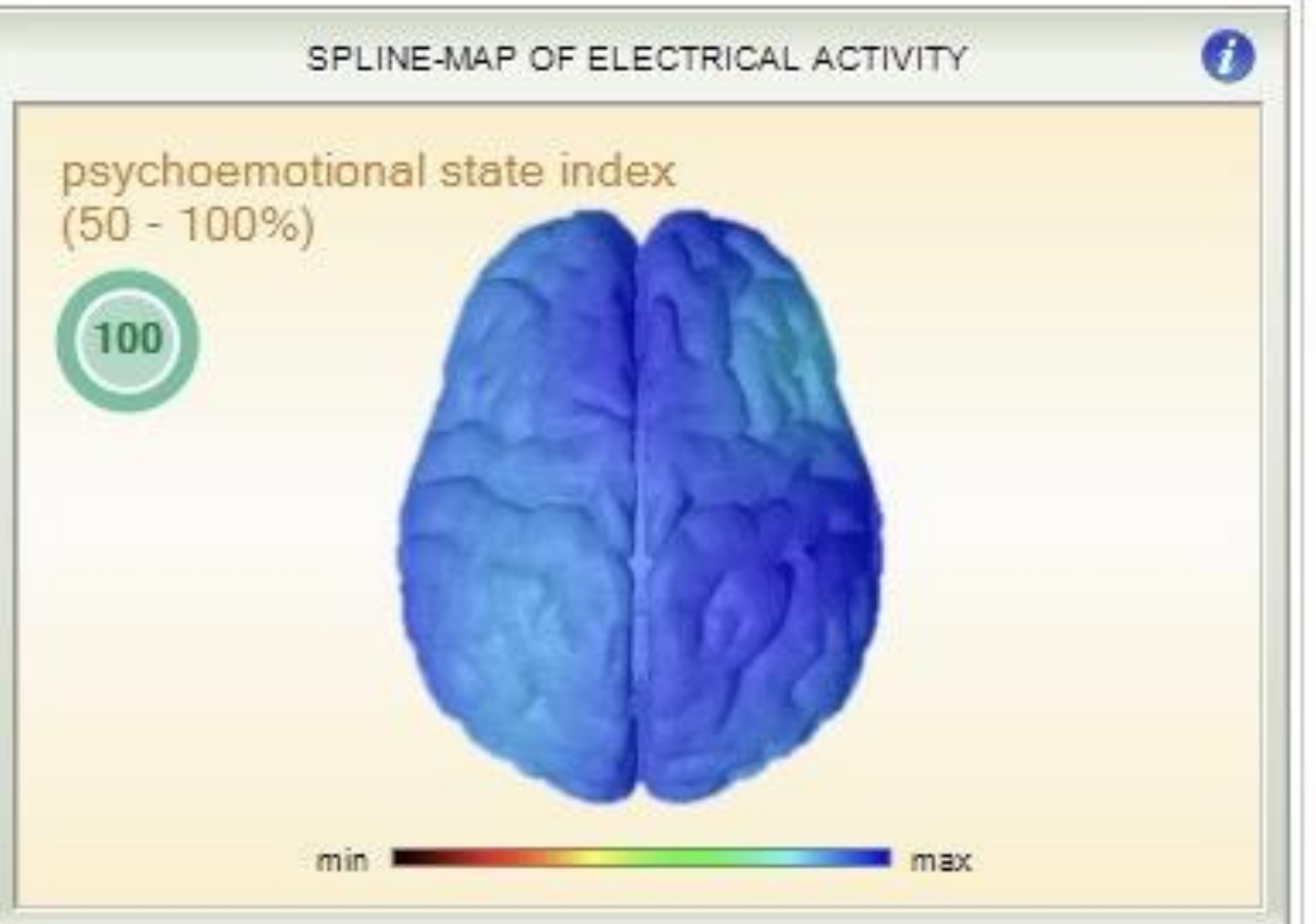
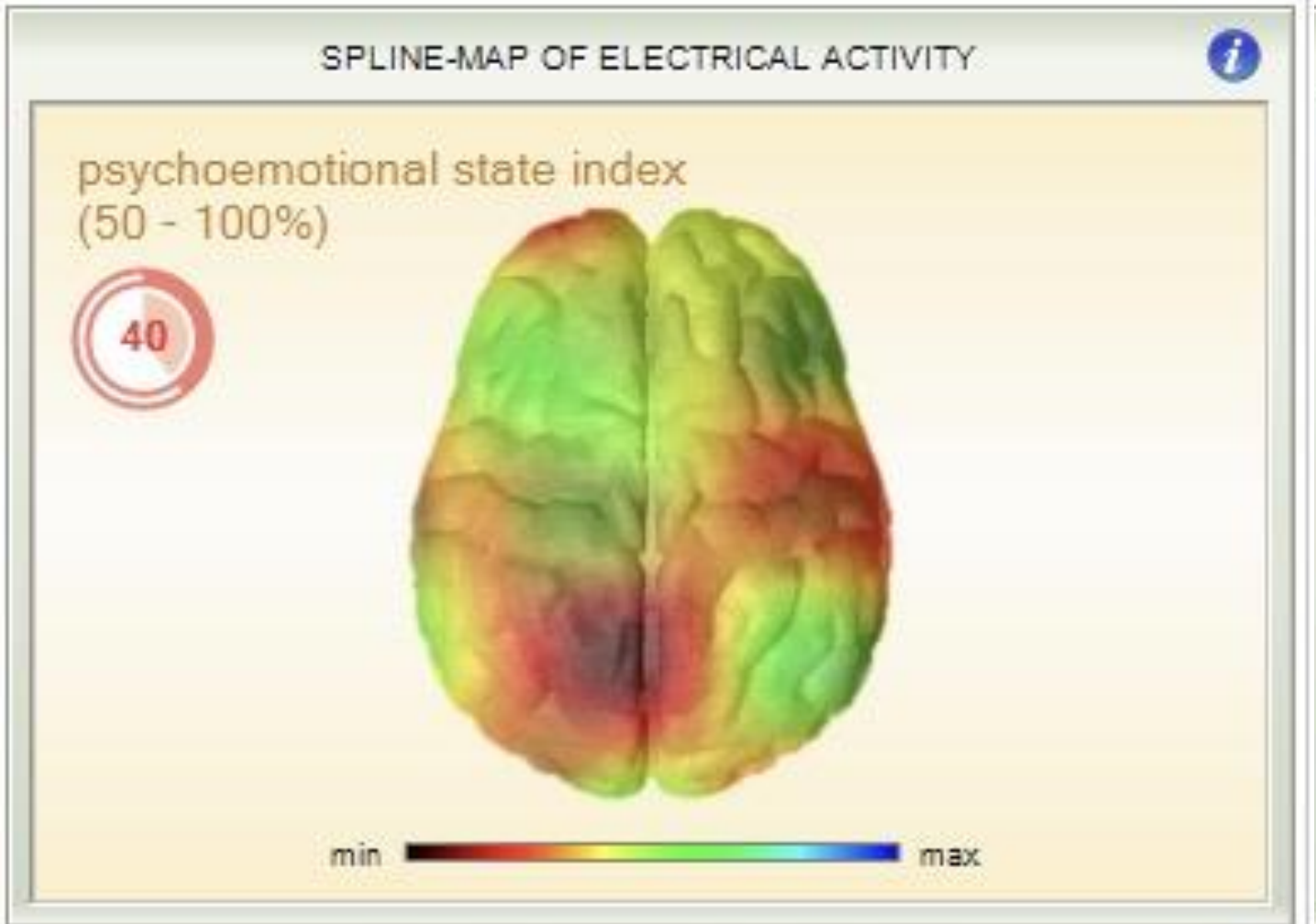
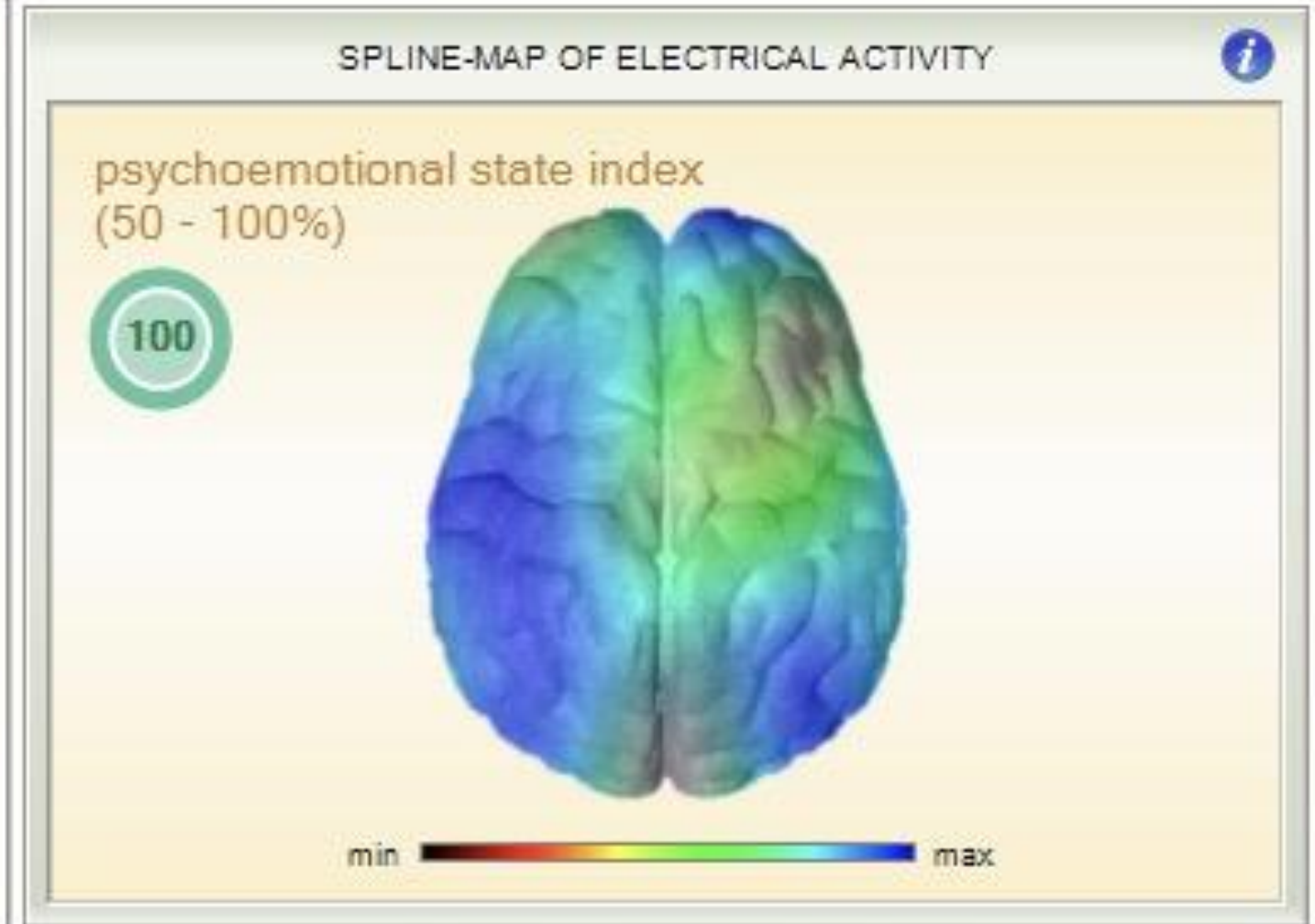
Names Surveys

PSYCHOEMOTIONAL STATE TIONAL STATE

Quick Search

Wednesday, February 22, 2023 8: Wednesday, February 22, 2023 9: Thursday, February 23, 2023 7:50:

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1 ecg
- Kai ados
0 ecg
- Karina Ramirez
1 ecg
- Rodney
2 ecg
- Rowena Gates
2 ecg
- Steve Aoki
2 ecg
- Tanya
2 ecg
- Venessa Blair
1 ecg
- _Example
12 ecg
- cjp
3 ecg
- pkp**
14 ecg



Add Delete

pkp



Names Surveys

Quick Search

- Jason 1 ecg
- Kai ados 0 ecg
- Karina Ramirez 1 ecg
- Rodney 2 ecg
- Rowena Gates 2 ecg
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- Tanya 2 ecg
- Venessa Blair 1 ecg
- _Example 12 ecg
- cjp 3 ecg
- pkp 14 ecg

+ Add Delete

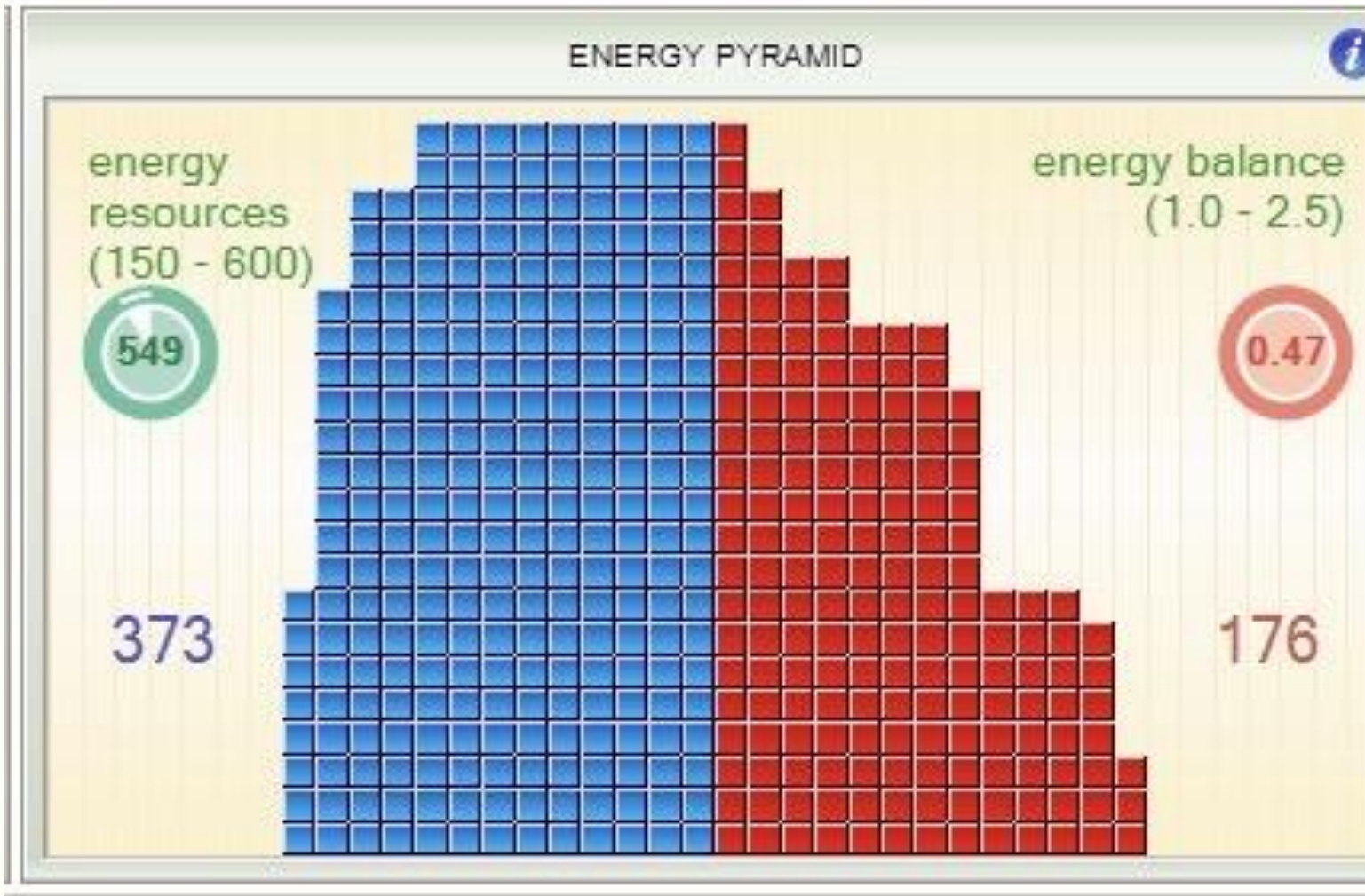
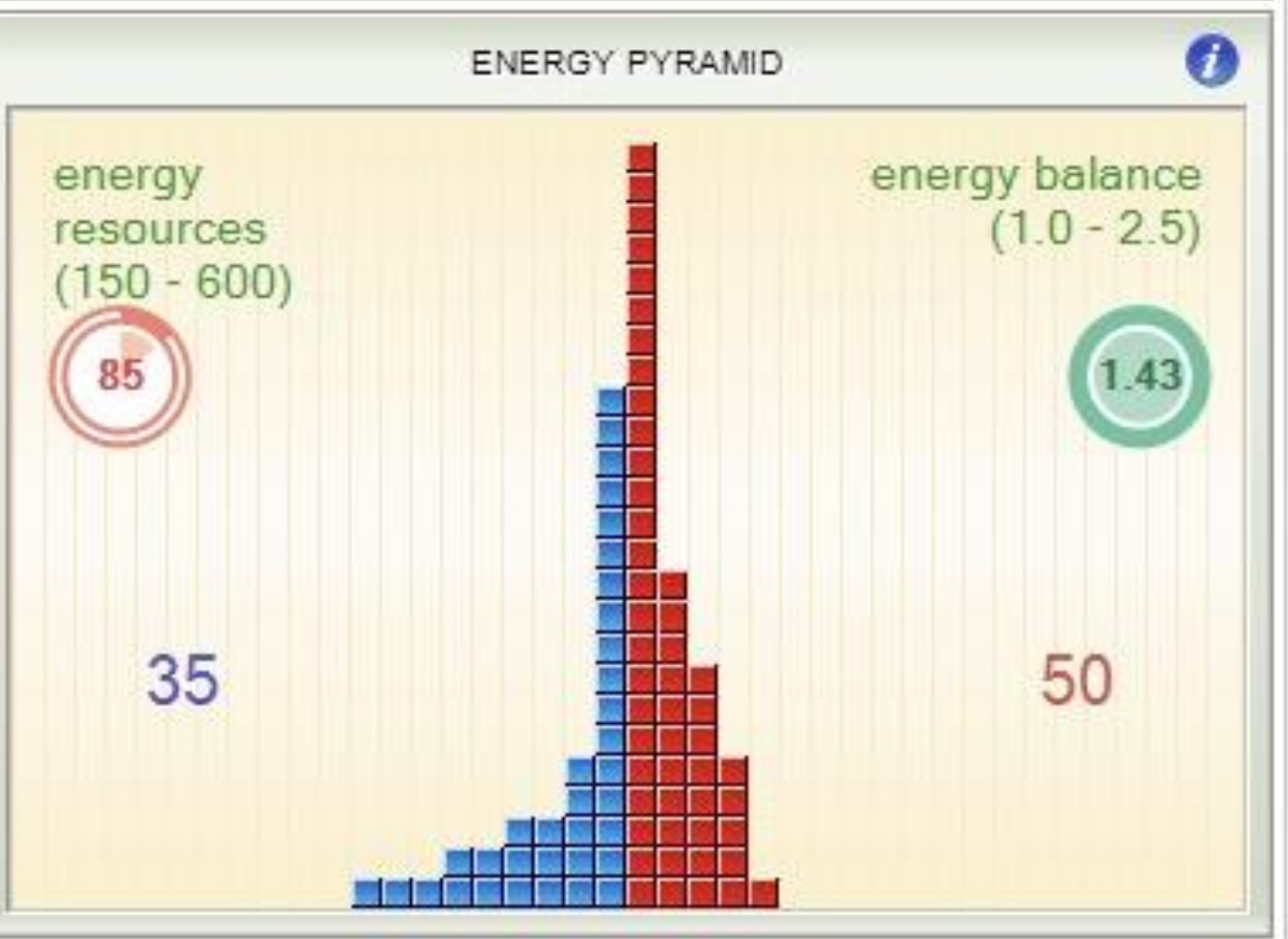
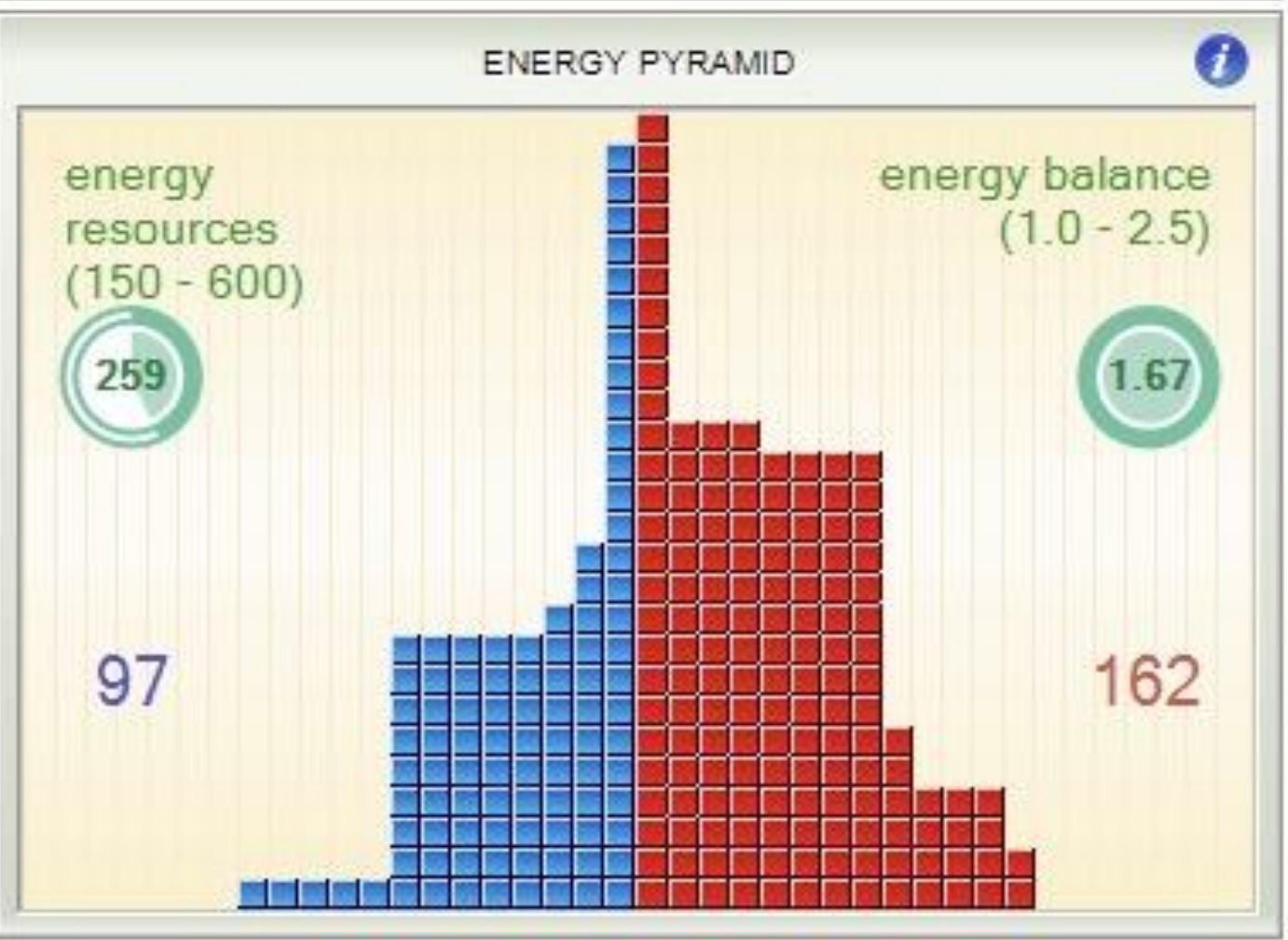
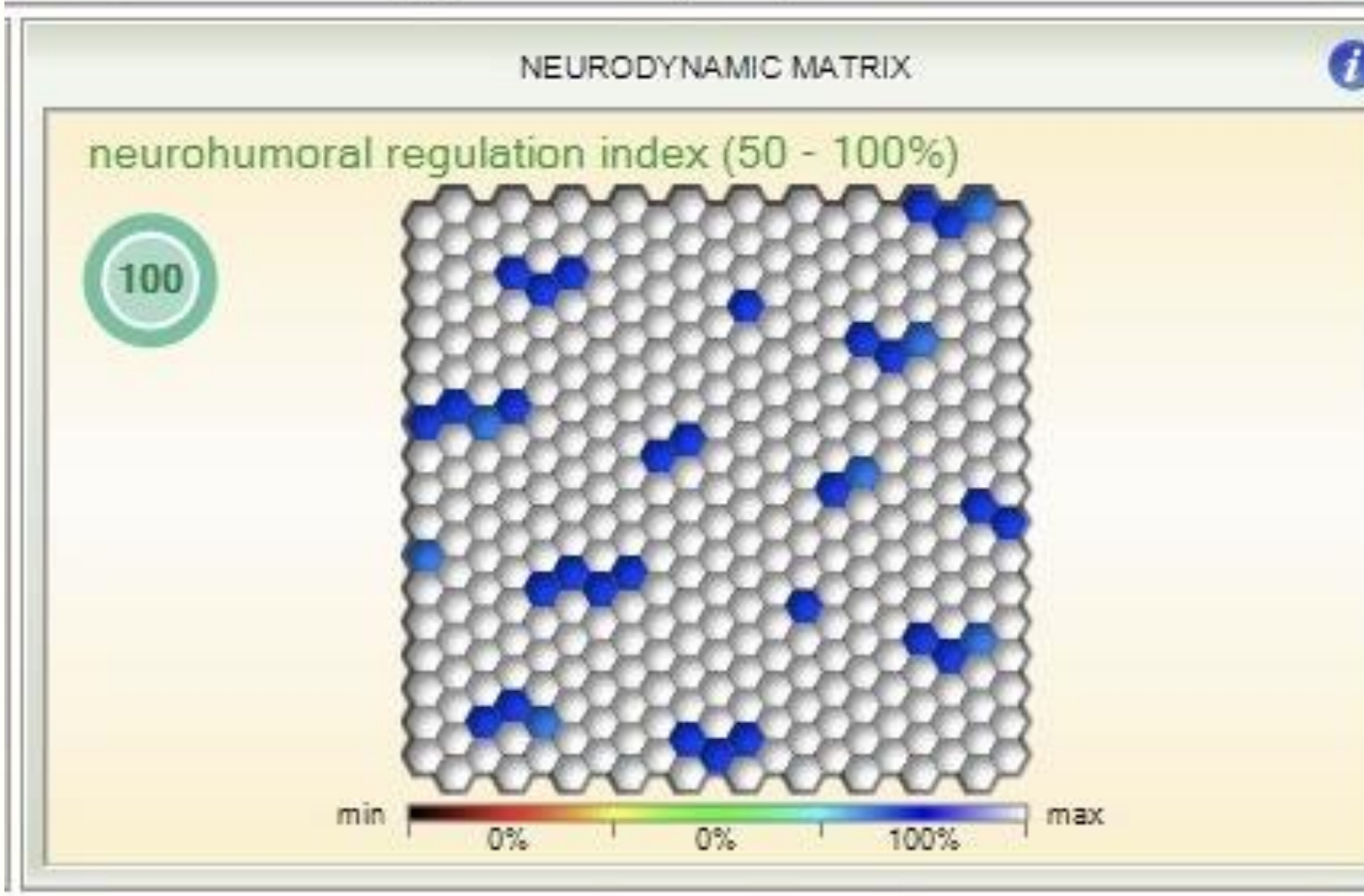
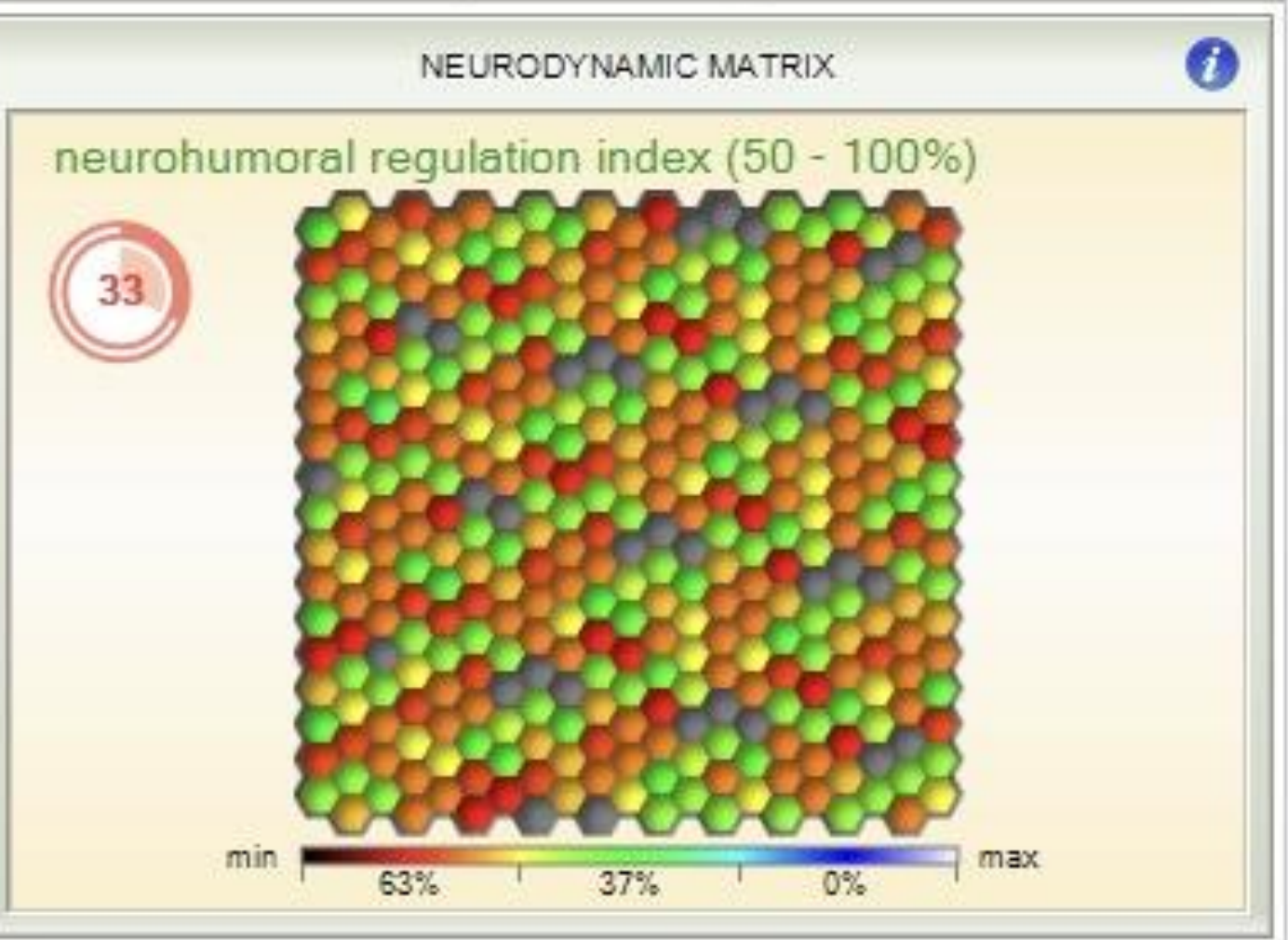
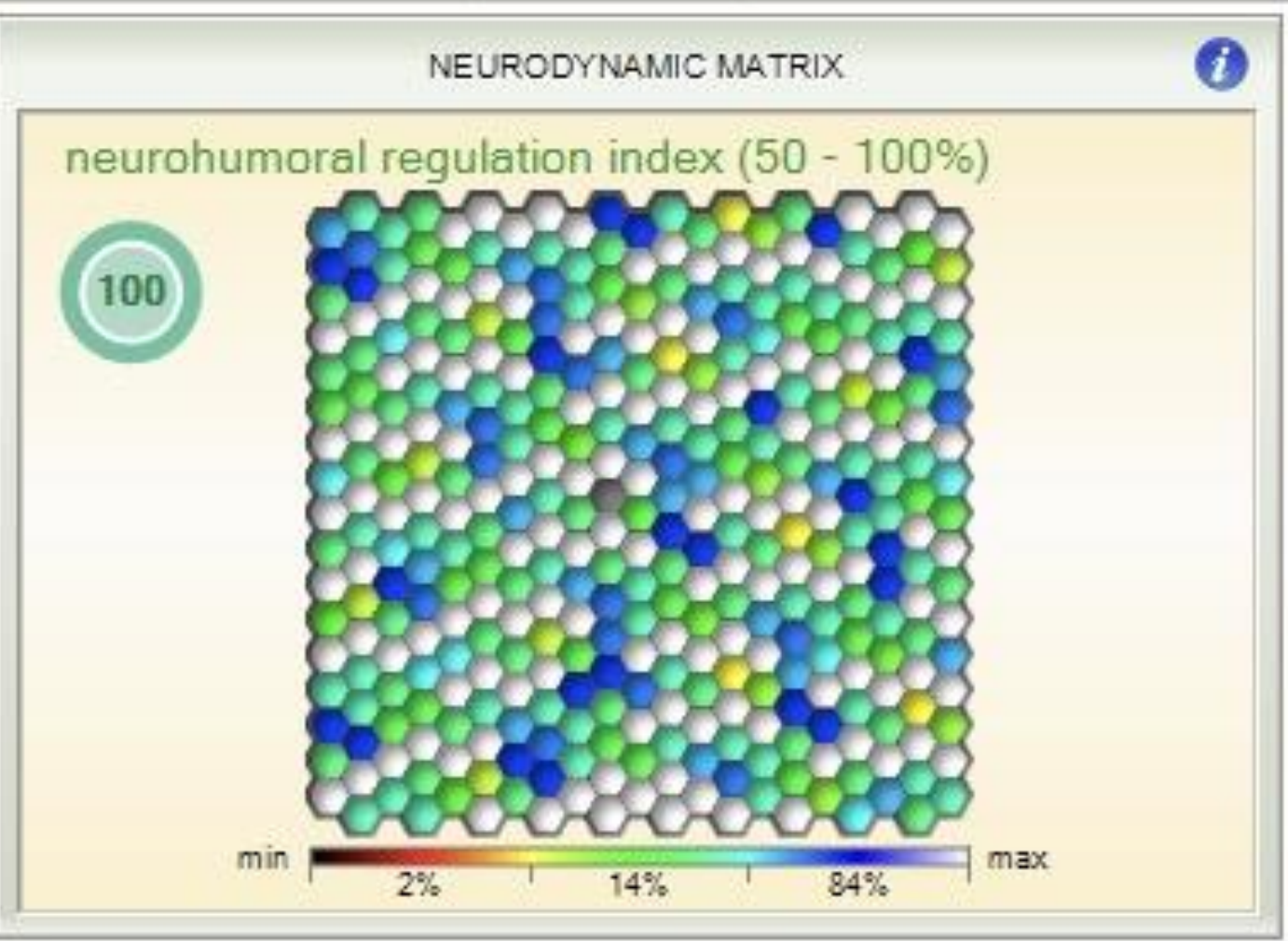
NEUROHUMORAL REGULATION

AL REGULATION

Wednesday, February 22, 2023 8:

Wednesday, February 22, 2023 9:

Thursday, February 23, 2023 7:50:10 AM





pkp

Names | Surveys

Quick Search

- Jason 1 eog
- Kai ados 0 eog
- Karina Ramirez 1 eog
- Rodney 2 eog
- Rowena Gates 2 eog
- Steve Aoki 2 eog
- Tanya 2 eog
- Venessa Blair 1 eog
- _Example 12 eog
- cjp 3 eog
- pkp 14 eog

Add | Delete

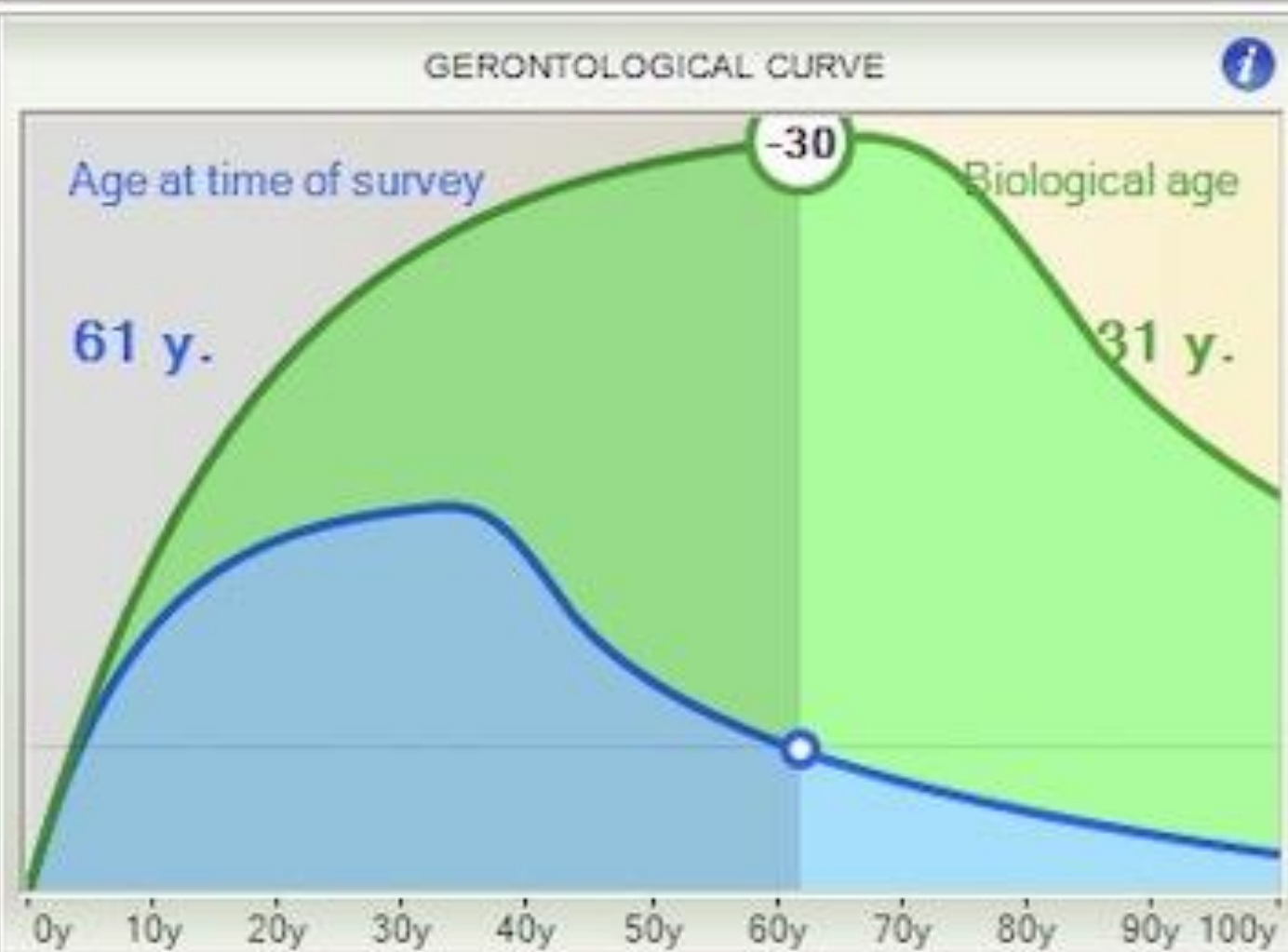
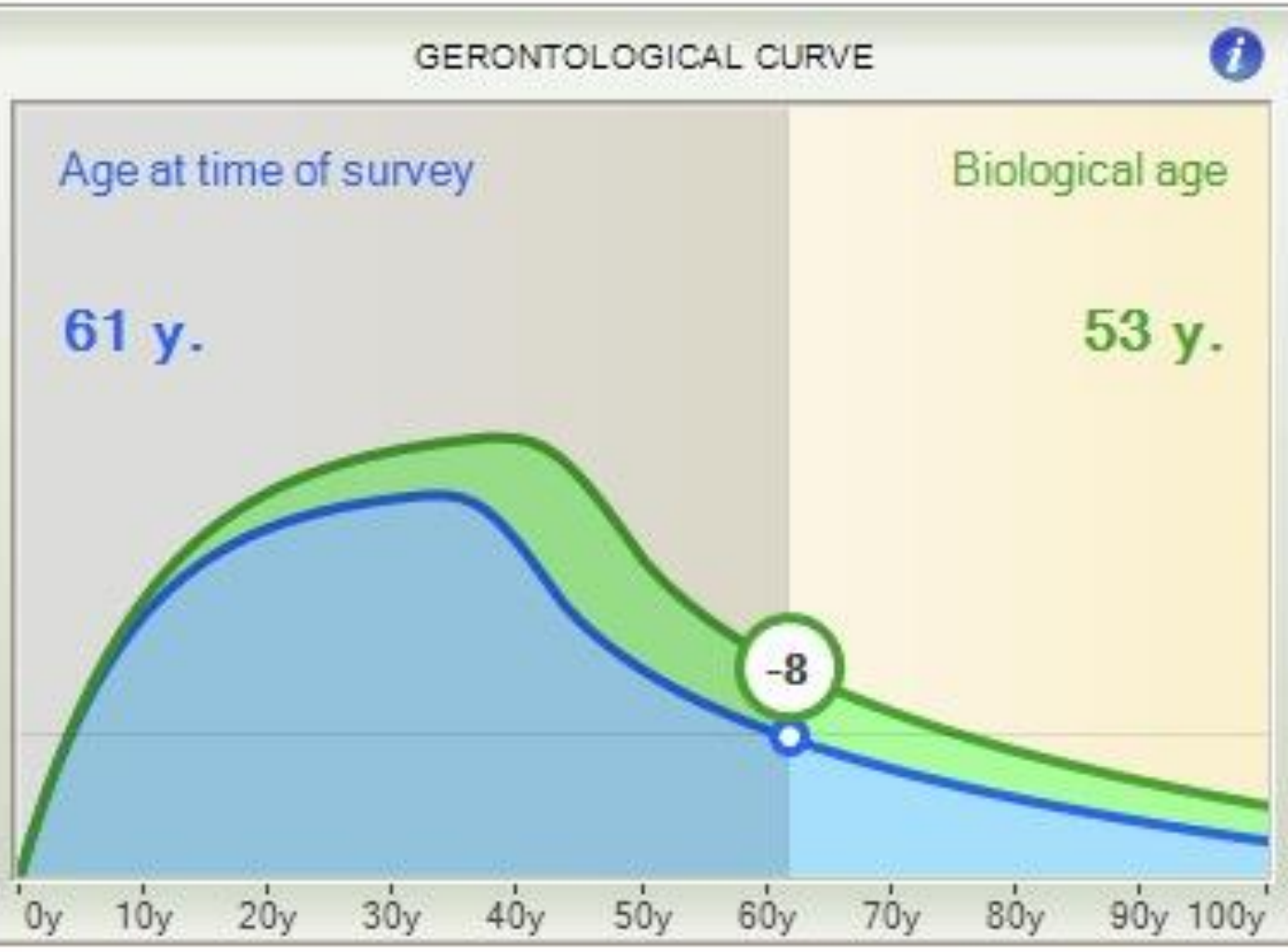
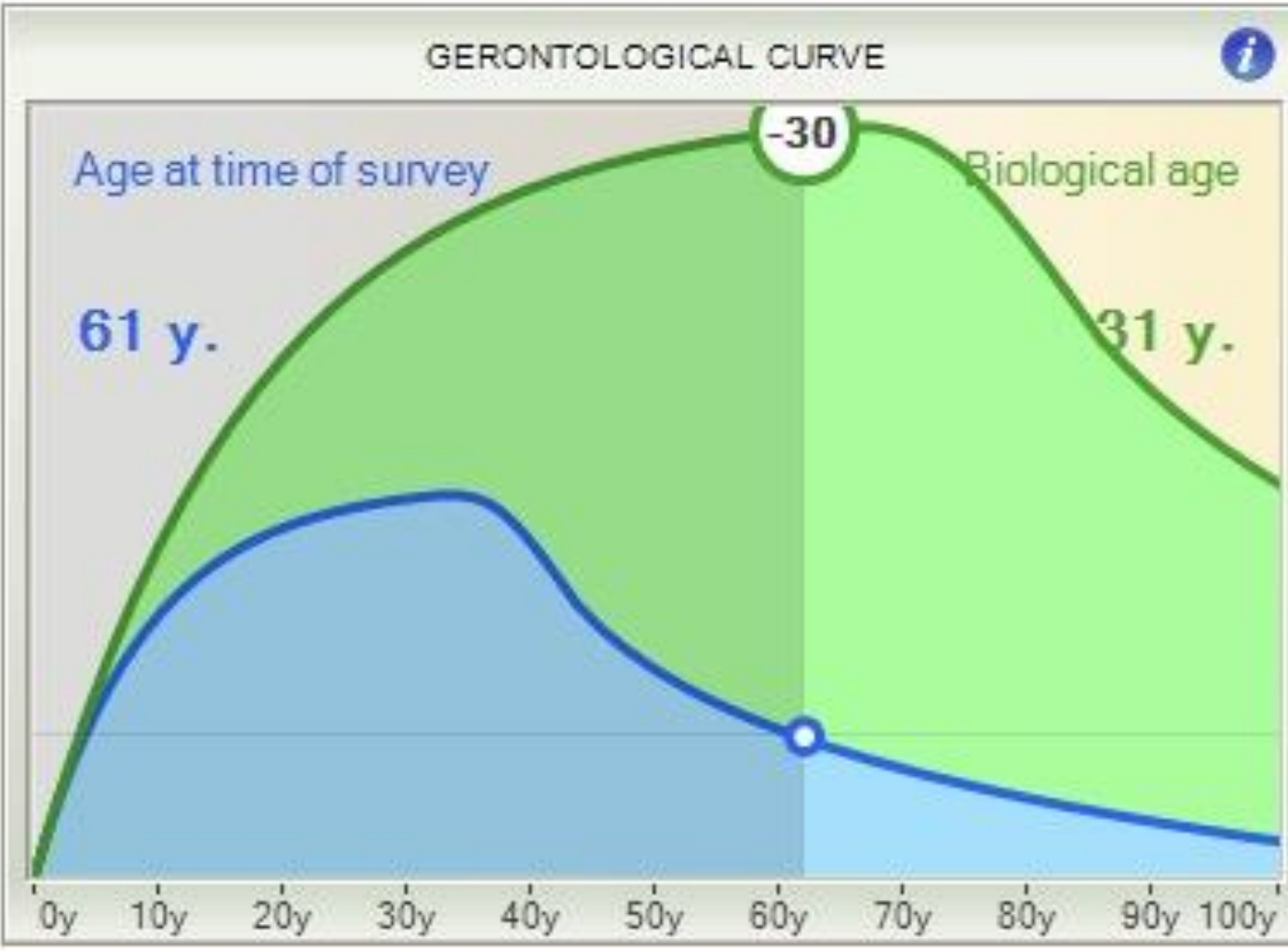
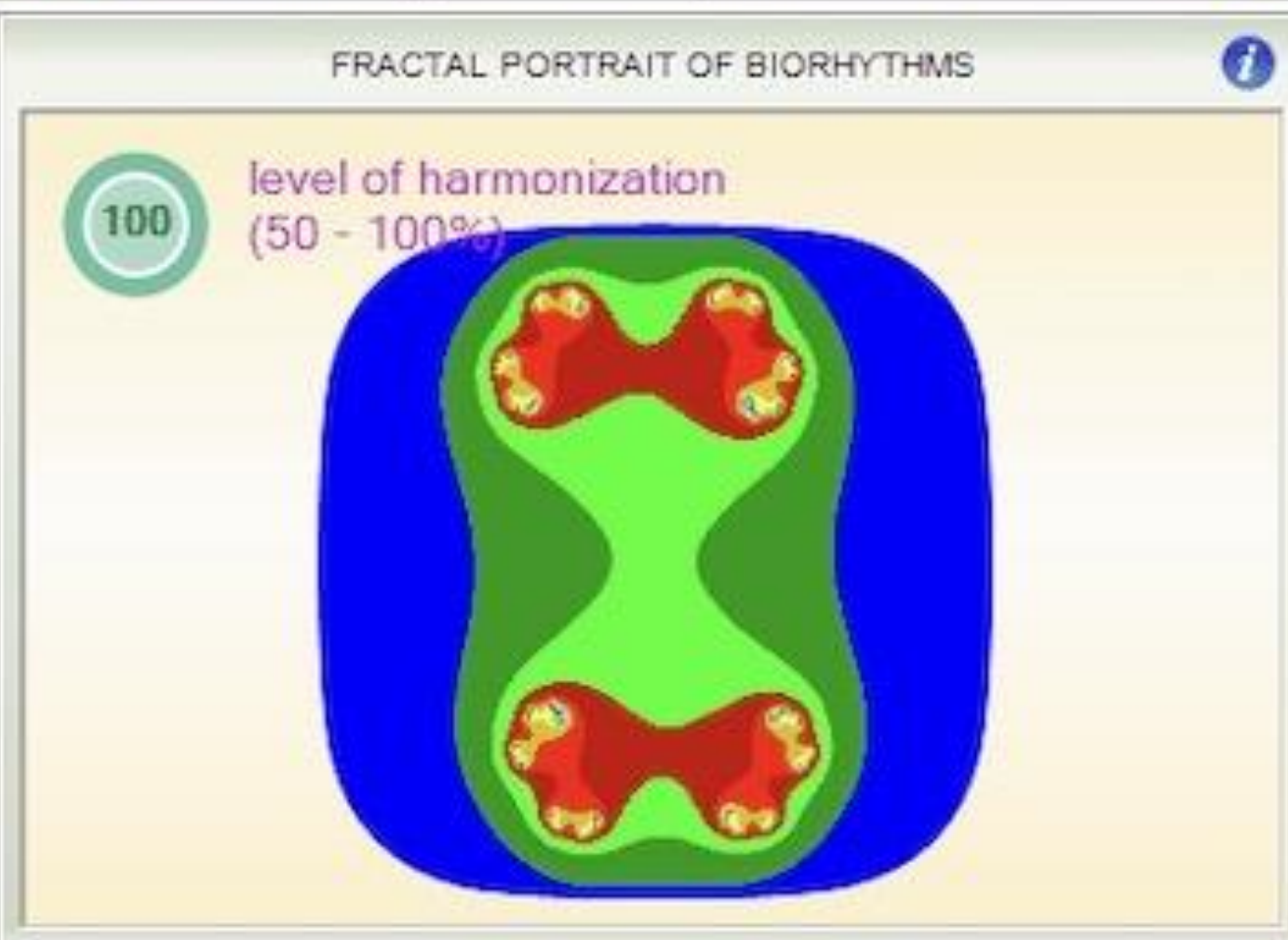
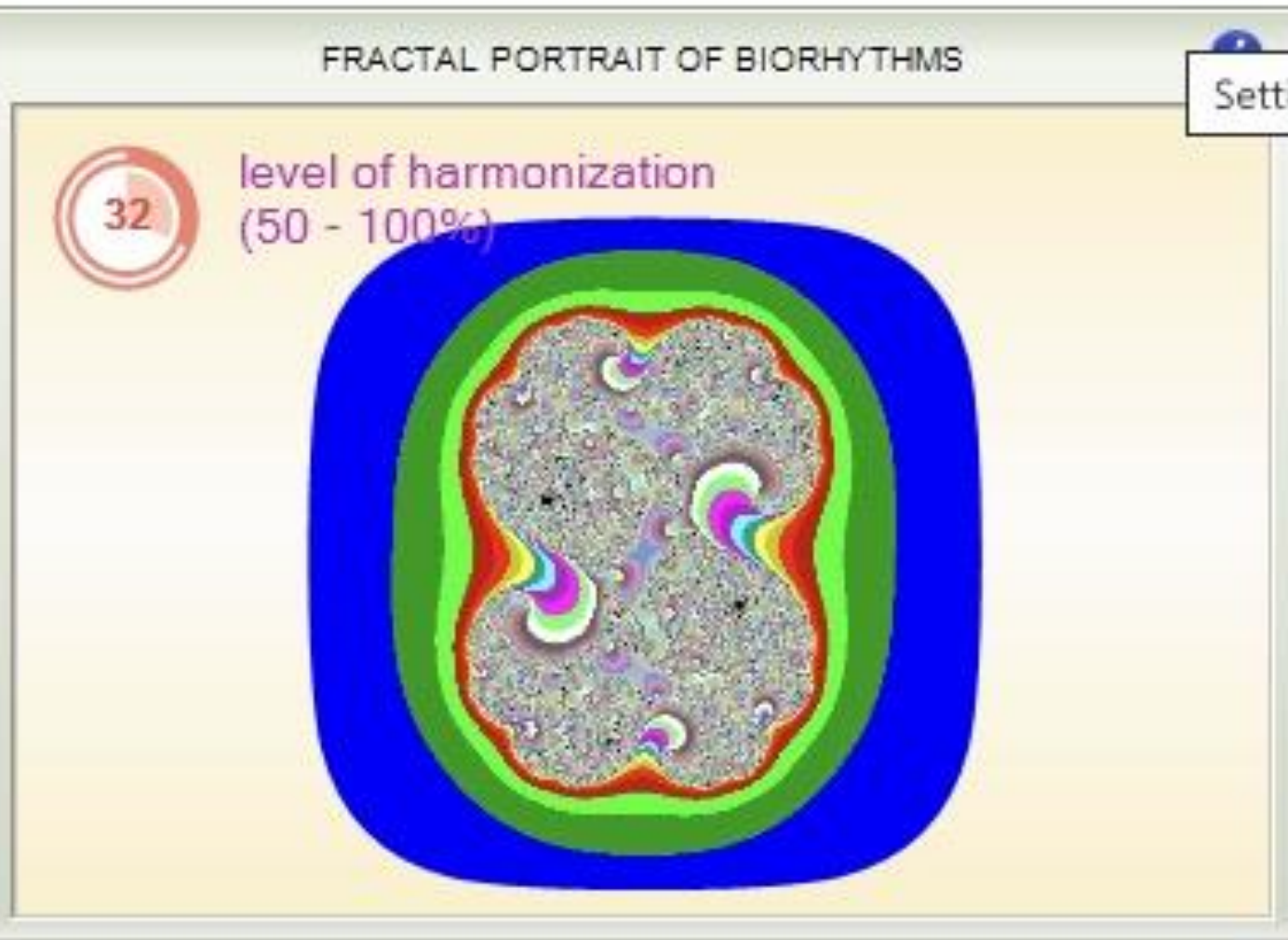
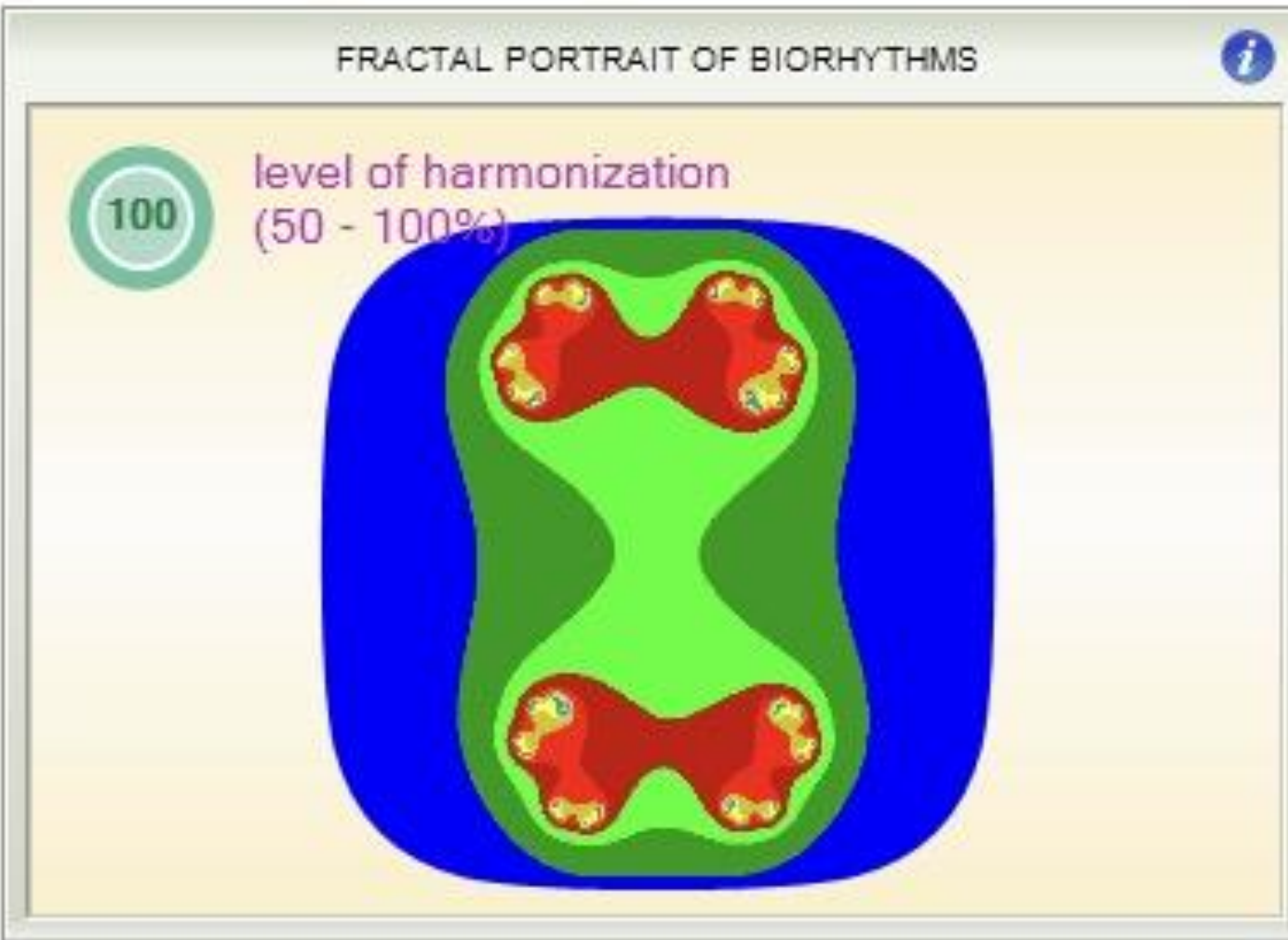
FRACTAL ANALYSIS

ANALYSIS

Friday, February 17, 2023 3:25:03

Friday, March 3, 2023 12:29:00 A

Thursday, February 23, 2023 7:50:



pkp



Names Surveys

Quick Search

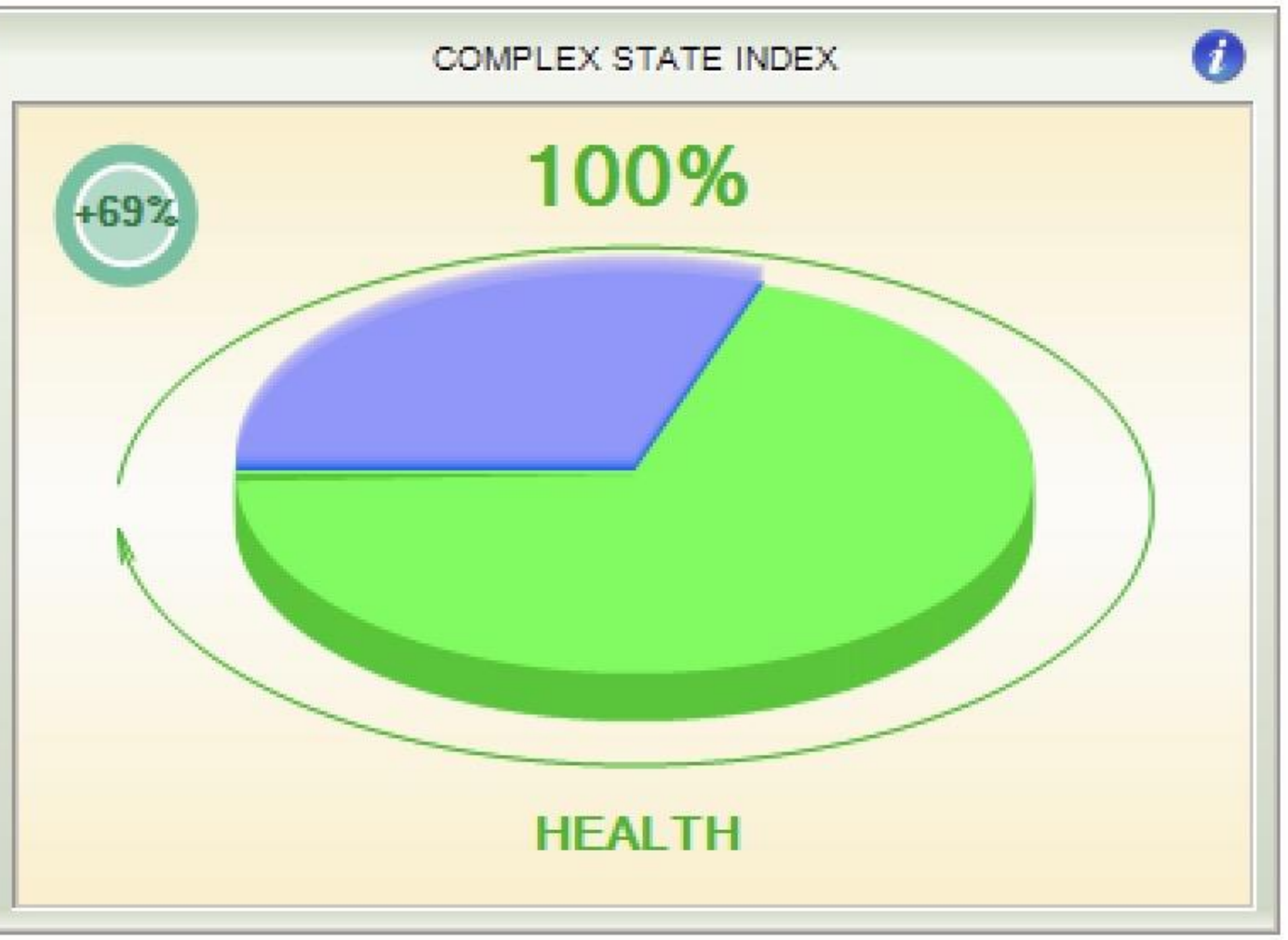
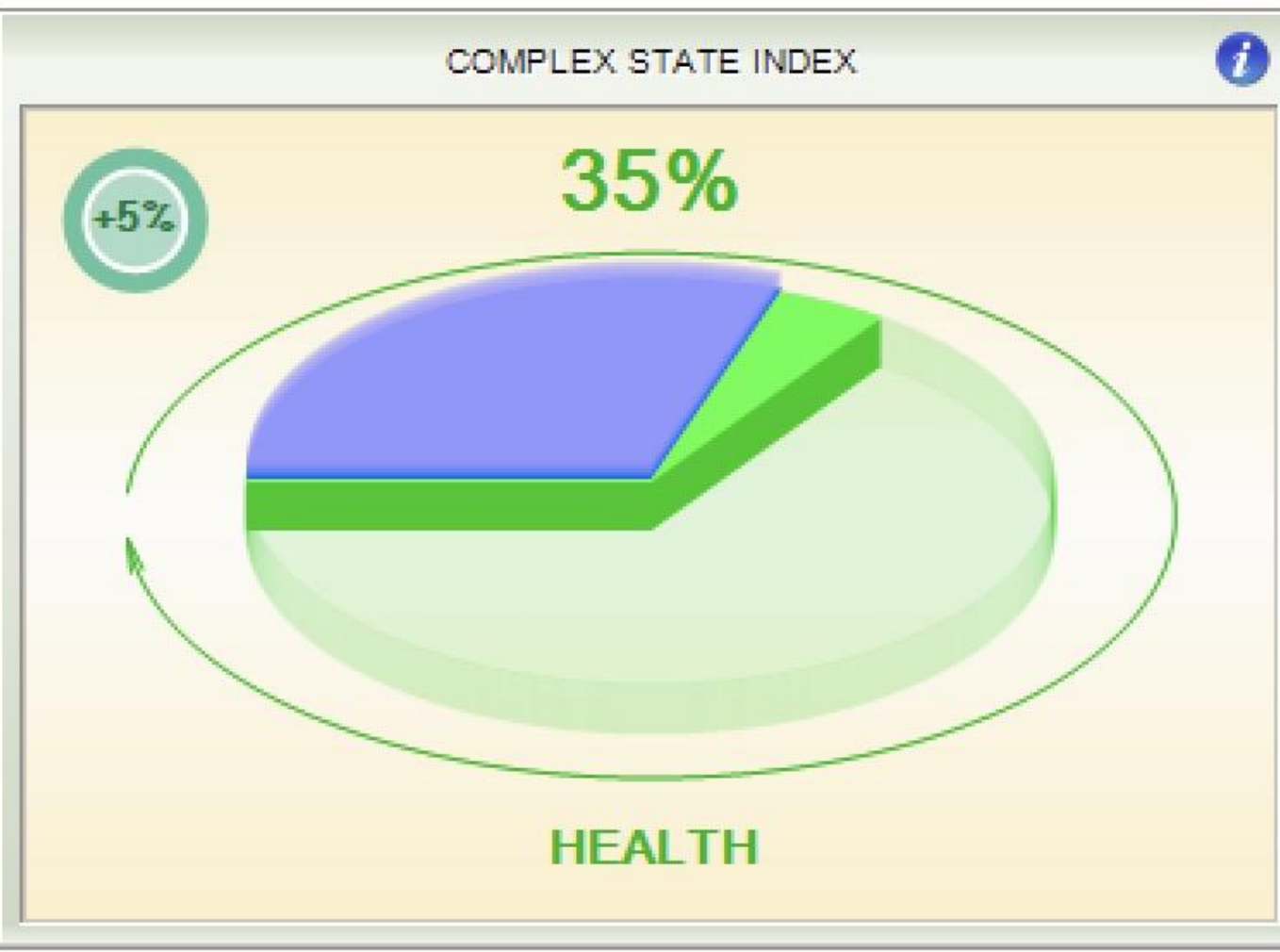
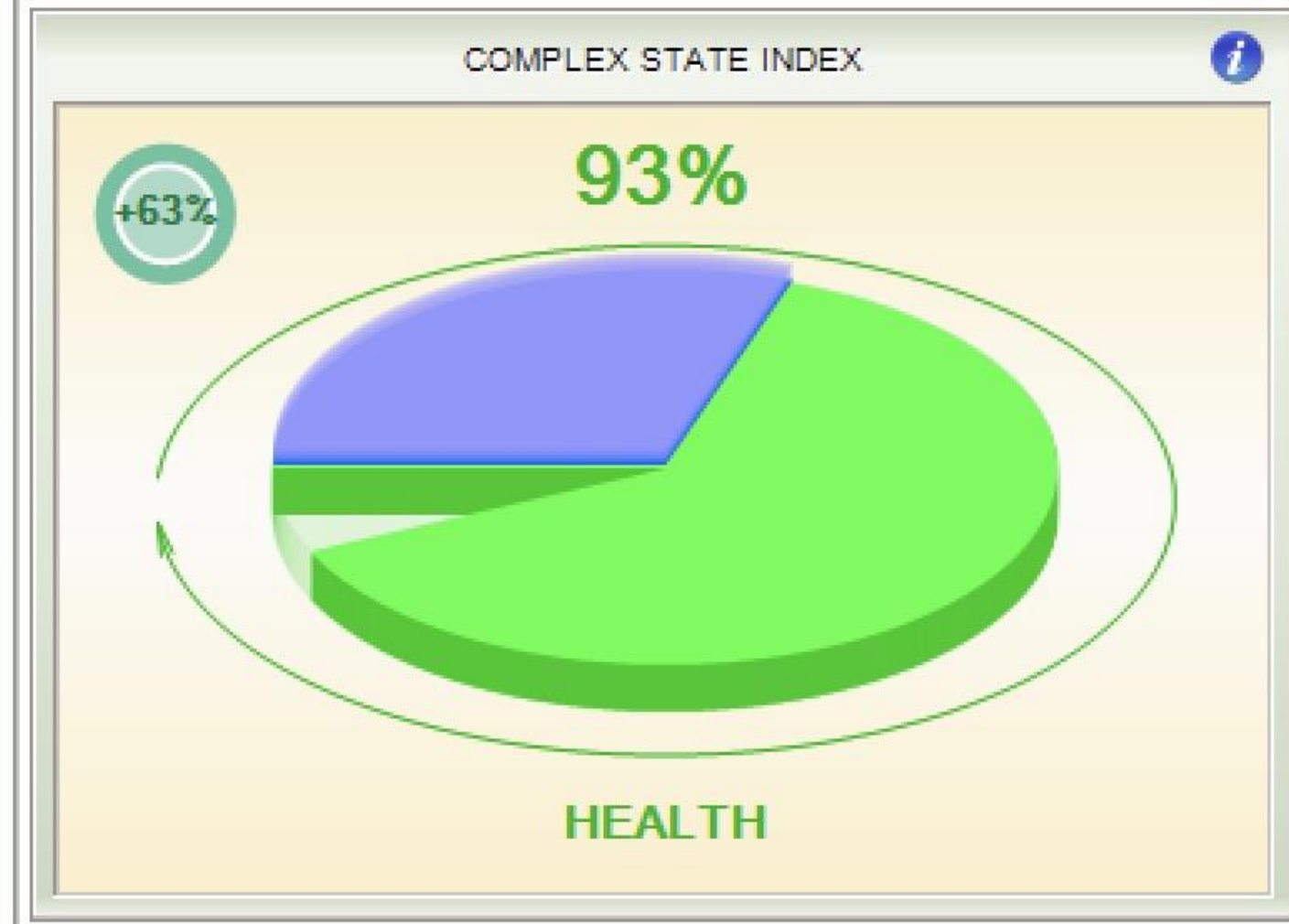
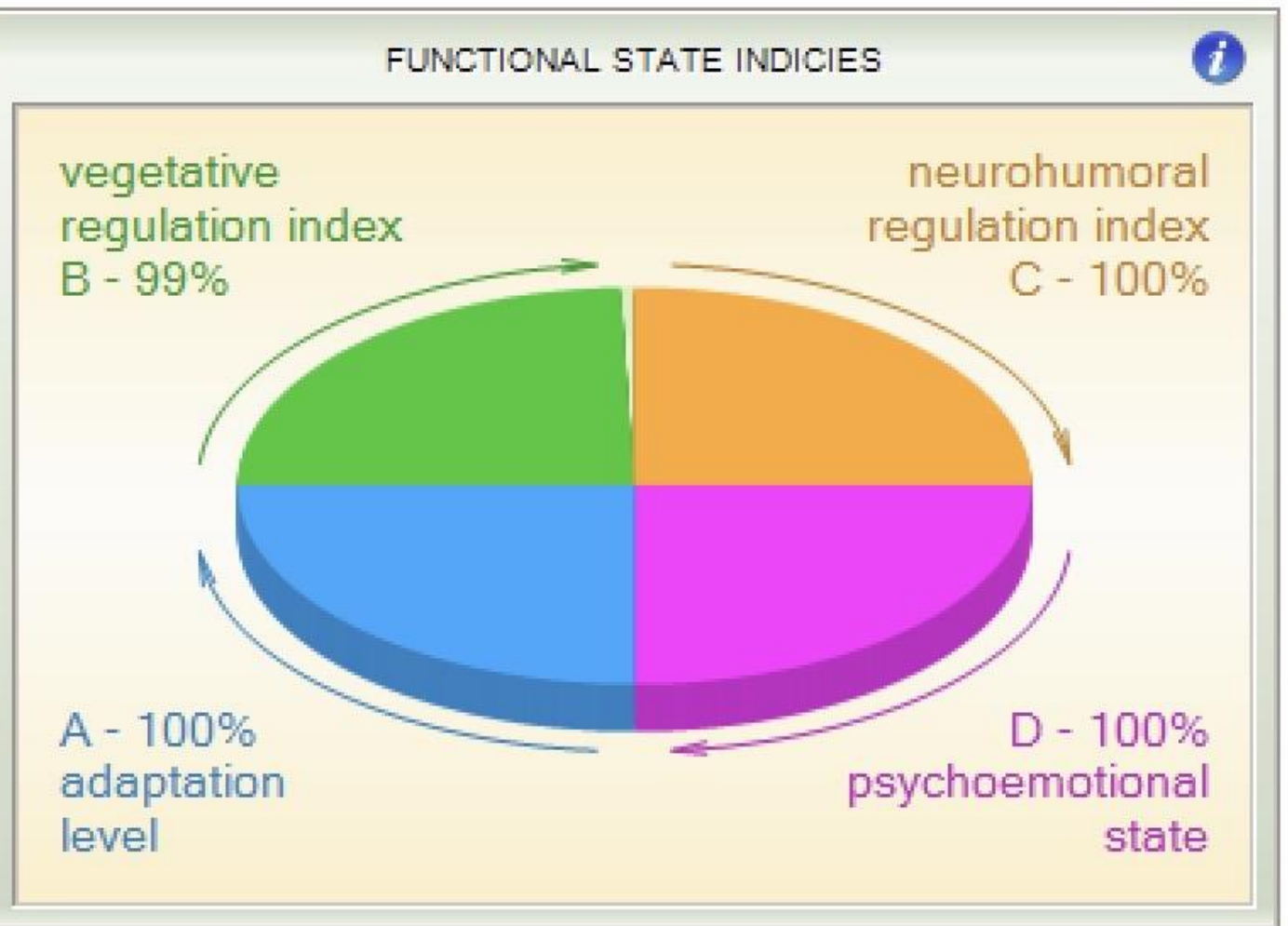
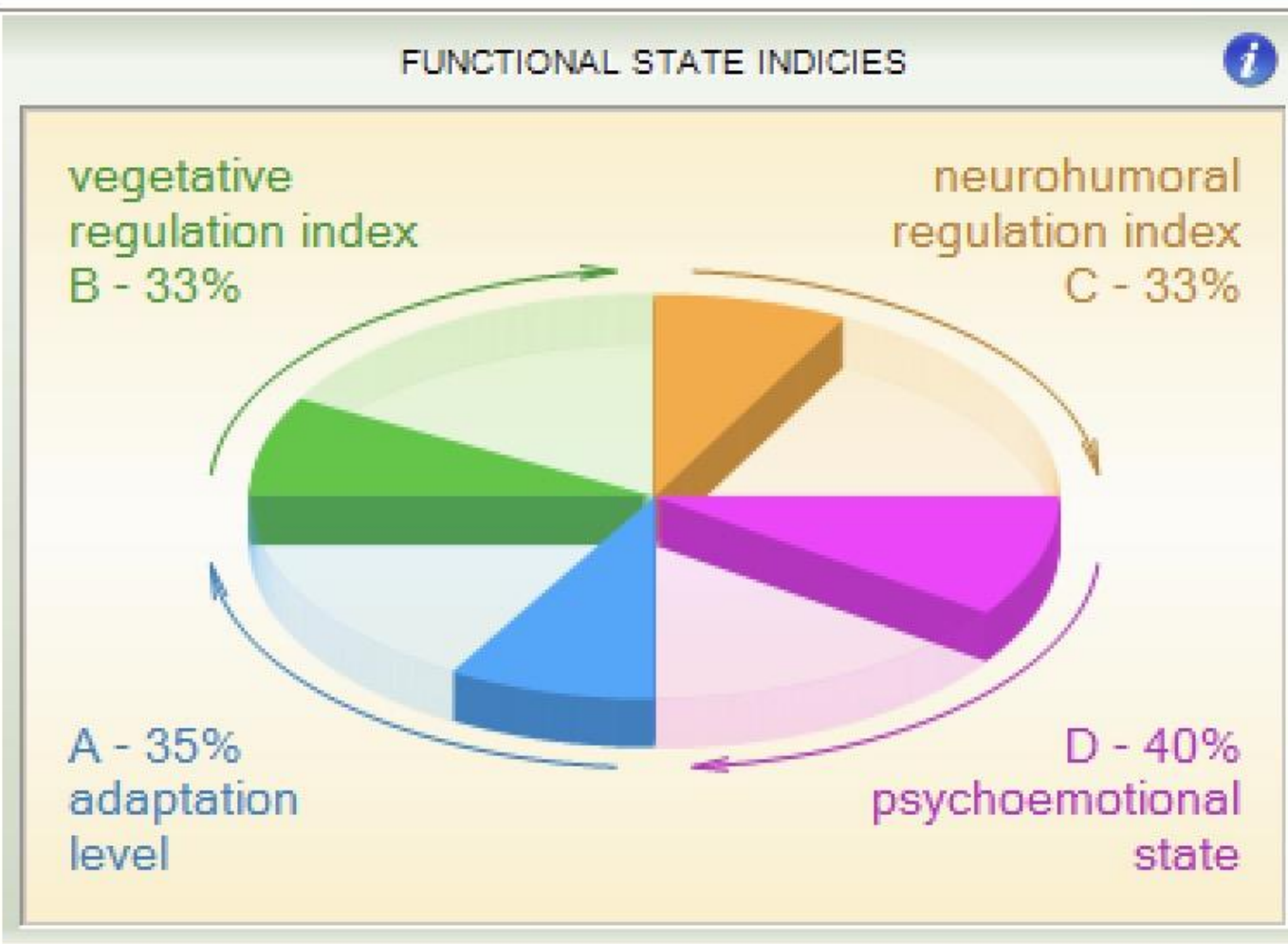
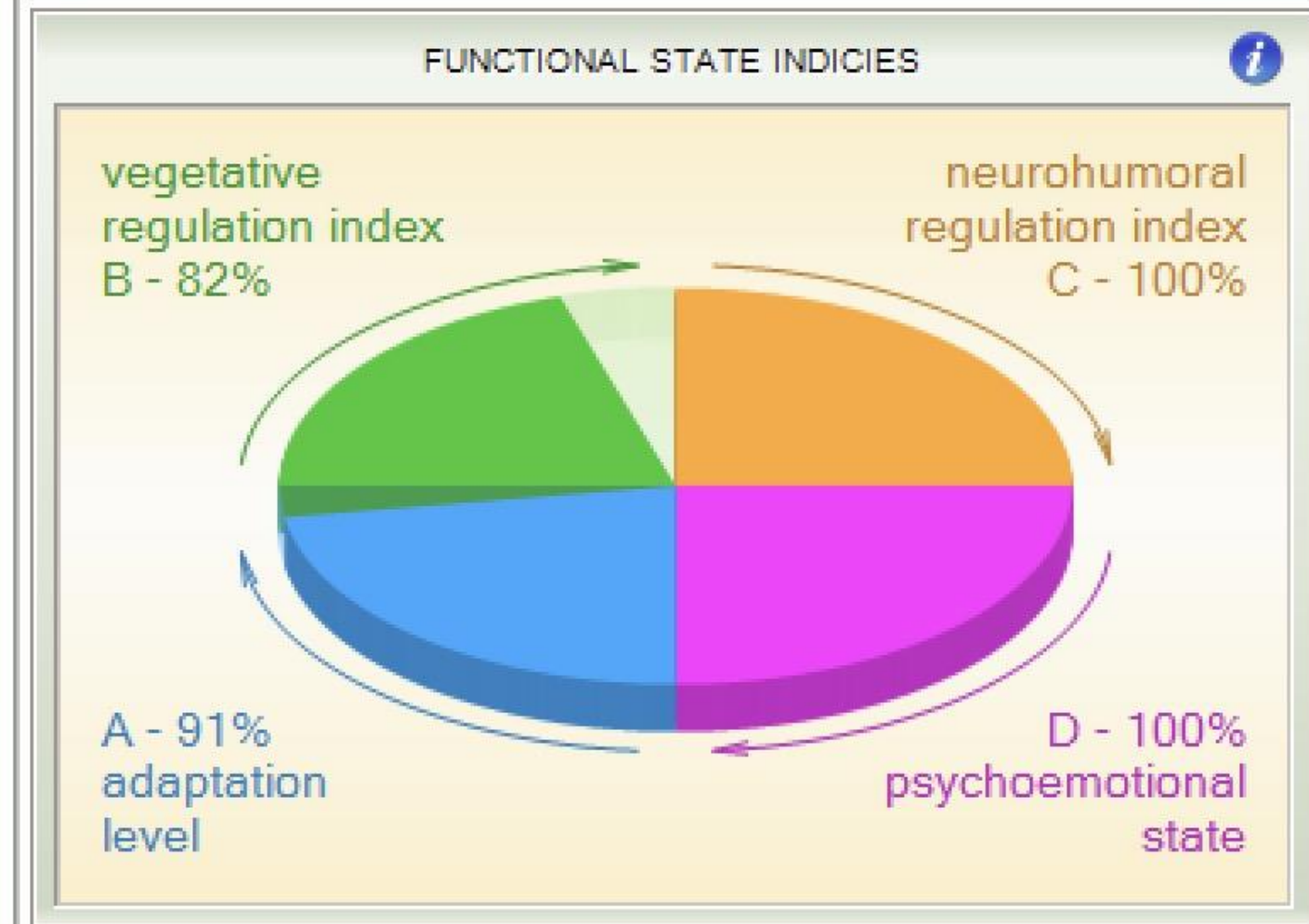
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- Rowena Gates 2 ecg
- Steve Aoki 2 ecg
- Tanya 2 ecg
- Venessa Blair 1 ecg
- _Example 12 ecg
- cjp 3 ecg
- pkp 14 ecg**

Add Delete

COMPLEX ANALYSIS

ANALYSIS

Wednesday, February 22, 2023 8: Wednesday, February 22, 2023 9: Thursday, February 23, 2023 7:50:



Anchoring for success

Sub modalities - the power of Visualization





Patrick K. Porter, Ph.D.



BrainTap.com



info@BrainTap.com



@BrainTapTech



@DrPatrickPorter



@BrainTapTech

Dallas, Texas 2023